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Class meeting times:

Monday – Thursday from 8am-4pm, dependent on the practicum site.

Course Pre-Requisites / Co-Requisites

None

Course Description

This is a practicum-based course designed to provide exposure and experiences in food service in a senior independent living facility and Women Infants and Children (WIC).

Course Objectives

By the end of this practicum, students will be able to:

1. Utilize the tenets of the Nutrition Care Process and the Academy's code of ethics when interacting with preceptors and clients
2. Demonstrate effective counseling skills for diverse individuals and groups in various community settings
3. Create meal plans that are appropriate for seniors
4. Examine a safety plan for preparing meals during a natural disaster/pandemic, etc.
5. Develop and implement an educational session or program/educational strategy for a target population
6. Design educational materials that are culturally appropriate

Materials and Supply Fees

None

Required Textbooks and Software

There is NO official textbook for this course, but required readings are posted in the Canvas site that you MUST read. Additional course information and materials will be posted on E-Learning in Canvas (<http://lss.at.ufl.edu/>) and/or available through the Marston Science Library online reserve system (Ares), the Academy of Nutrition and Dietetics website or other resources needed to complete assignments. Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests.

Course Schedule

Weeks	Rotation	Location	Contact Hours
1 – 3	Senior Living Facility	Clinical facility	96
4 – 6	WIC	Clinical facility	96

Reading list per week (All available on Canvas)*

For **Senior Living** rotation

Week 1: Sloane PD, Ivey J, Helton M, Barrick AL, Cerna A. Nutritional issues in long-term care. *J Am Med Direc Assoc.* 2008;9(7): 476-85. DOI: 10.1016/j.jamda.2008.03.005

Kamp B. Position of the American Dietetic Association, American Society for Nutrition, and Society for Nutrition Education: Food and nutrition programs for community-residing older adults. *J Acad Nutr Diet.* 2010;110(3):P463-472. DOI:<https://doi.org/10.1016/j.jada.2009.12.009>

Dorner B, Friedrich EK. Position of the Academy of Nutrition and Dietetics: Individualized Nutrition Approaches for Older Adults: Long-Term Care, Post-Acute Care, and Other Settings. *J Acad Nutr Diet.* 2018 Apr;118(4):724-735. doi: 10.1016/j.jand.2018.01.022. PMID: 29576092.

For **WIC** rotation

Week 4: Bartholomew A, Adedze P, Soto V, Funanich C, Newman T, MacNeil P. Historical perspective of the WIC program and its breastfeeding promotion and support efforts. *J Nutr Educ Behav.* 2017;49(7):S139-143. DOI: <https://doi.org/10.1016/j.jneb.2017.03.018>

National Institutes of Health. Biochemical and other medical risk criteria. Retrieved from <https://www.ncbi.nlm.nih.gov/books/NBK232504/?report=reader>

Wallace LA, Morris VG, Hudak KM, Racine EF. Increasing access to WIC through discount variety stores: Findings from qualitative research. *J Acad Nutr Diet.* 2020;120(10): 1654-1661.

*Depending on discussions and information presented in the practicum, additional readings will be in Canvas.

Attendance Policy, Class Expectations, and Make-Up Policy

Per University Policy, attendance is expected at all class sessions. When an absence does occur, the student is responsible for the material covered during the absence. When possible, the student should notify the instructor in advance of an anticipated absence. Dr. Andrade will grant make-up privileges (when possible) to students for properly verified absences due to illness, emergency, or participation in an official University activity. Excused absences must be consistent with university policies in the Graduate Catalog and require appropriate documentation. Additional information can be found in Attendance Policies.

Assignment due dates:

The student is expected to submit all of the assignments listed under the evaluation column of the rotation narrative upon the due date.

Evaluation of Grades

Assignment	Total Points	Percentage of Final Grade
Senior Living Menu Project 3-day Menu (40 points) Nutritional Analysis (10 points)	50	50%
WIC In-Service	50	50%
Total	100	100

Grading Policy

Percent	Grade	Grade Points
90.0 - 100.0	A	4.00
87.0 - 89.9	A-	3.67
84.0 - 86.9	B+	3.33
81.0 – 83.9	B	3.00
78.0 - 80.9	B-	2.67
75.0 - 79.9	C+	2.33
72.0 – 74.9	C	2.00
69.0 - 71.9	C-	1.67
66.0 - 68.9	D+	1.33
63.0 - 65.9	D	1.00
60.0 - 62.9	D-	0.67
0 - 59.9	E	0.00

More information on UF grading policy may be found at:

[UF Graduate Catalog](#)
[Grades and Grading Policies](#)

Students Requiring Accommodations

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the [Disability Resource Center](#). It is important for students to share their accommodation letter with their instructor and discuss their access needs, as early as possible in the semester.

Course Evaluation

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing [online evaluations via GatorEvals](#). Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via ufl.bluera.com/ufl/. [Summaries of course evaluation results are available to students here.](#)

University Honesty Policy

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” [The Honor Code](#) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

Software Use

All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

Student Privacy

There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see the [Notification to Students of FERPA Rights](#).

Campus Resources:**Health and Wellness**

- **U Matter, We Care:** If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit [U Matter, We Care website](#) to refer or report a concern and a team member will reach out to the student in distress.
- **Counseling and Wellness Center:** [Visit the Counseling and Wellness Center website](#) or call 352-392-1575 for information on crisis services as well as non-crisis services.
- **Student Health Care Center:** Call 352-392-1161 for 24/7 information to help you find the care you need, or [visit the Student Health Care Center website](#).
- **University Police Department:** [Visit UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).
- **UF Health Shands Emergency Room / Trauma Center:** For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [Visit the UF Health Emergency Room and Trauma Center website](#).

Academic Resources

- **E-learning technical support:** Contact the [UF Computing Help Desk](#) at 352-392-4357 or via e-mail at helpdesk@ufl.edu.
- **Career Connections Center:** Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.
- **Library Support:** Various ways to receive assistance with respect to using the libraries or finding resources.
- **Teaching Center:** Broward Hall, 352-392-2010 or to make an appointment 352-392-6420. General study skills and tutoring.
- **Writing Studio:** 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.
- **Student Complaints On-Campus:** [Visit the Student Honor Code and Student Conduct Code webpage for more information](#).