

COMMUNITY NUTRITION SYLLABUS 2024

DIE 3310

CLASS: DIE 3310 (2 credits) **Location:** McCarty A, Room 2196

Faculty:

Instructor: Dr. Beth Gankofskie, Ph.D., M.S., R.D.N.

Class meeting times: Monday, 12:50-2:45 pm

Office location: Building 120, Suite 104, Room E

Phone: (352) 273-3471 EMAIL: gankofskie@UFL.edu

TA : Sophie Giangrossa (1st year, MS-DI student) Email : s.giangrosso@ufl.edu

Office Hours:

Tuesdays 9 am - 10:00am by appointment: Zoom link is same as for class

Thursday 11am-12:30 pm by appointment: Zoom link is same as for class

Class Zoom Link:

<https://ufl.zoom.us/j/98142667706?pwd=eVB1QIU0RkxTUGIONUFRNmIMSFZjUT09>

Additional office hours as needed. If you want an in-person appointment, please contact me directly at gankofskie@ufl.edu .

COURSE WEBSITE: Uses Canvas. To use the site, enter your Net ID username and password. Check the class website often, at least prior to class meeting times for any updates, announcements, notices, etc. Class materials, assignments, resources, and announcements will be posted on the Canvas platform.

Note: only Gator Mail is used for correspondence (not Canvas).

TEXT: Community Nutrition 3rd edition (978-1449652937) by Nweze Nnakwe. Published by Jones & Bartlett. (not required)

Additional: outside readings as assigned

Course Description: This course will examine the role of nutrition in promoting, maintain and improving health in the community. It investigates traditional aspects of the emerging health delivery system, as well as entrepreneurial ventures. Students will study the financial, legislative, political, sociological, and scientific aspects of community and public health nutrition.

Prerequisite: HUN 2201, Fundamentals of Human Nutrition. Dietetic Students only!

Course Requirement: All students must have an email account and access to an email account.

Course Objectives:

The following course objectives are based on the “foundation knowledge requirements and learning outcomes for Didactic Programs in Nutrition (DPD) and Dietetics.” Accreditation Council for Education in Nutrition and Dietetics (ACEND) Accreditation Standards, 2017.

1. KRDN 2.1: Demonstrate effective and professional oral and written communication and documentation. (measured with the SNAP chat Nutrition Education Project-changes as needed).
2. KRDN 2.2: Develop interventions to affect change and enhance wellness in culturally diverse individuals and groups (measured through the grant writing process assignment).

3. KRDN 2.3: Assess the impact of a public policy position on nutrition and dietetics practice. (measured by in class activity on public policy development).
4. KRDN 2.6: Demonstrate cultural competence/sensitivity do diverse groups and environments. (measured by field trips and discussions with reflection of the purpose and function of a food pantry and food bank for the low socio-economic nutrition needs of the community and the homeless population-worksheet and reflection paper).
5. Explain the impact of a public policy position on dietetics practice. (assignment of public policy updates).
6. Explain the impact of health care policy and different health care delivery systems on food and nutrition services. (assignment of review of delivery systems).

Assignments

EVALUATION	Percentage Points
Class attendance and participation:	85
Including and not limited to each field trip response sheet and in class activities (2-3 plus) field trips	
7 Quizzes (lowest grade dropped) 10 pts each:	60
Grant assignment	50
Grant proposal-preparation (group-30)	
Read and respond to grant (each student-20)	
One nutrition education material assignment	50
Other (3) assignments as assigned	
7. Behavior Change log	15
8. Social Media on “Dr. G’s List” (group)	40
9. Case Study	20
Recitation-presentation grade of final project:	20
Peer review of presentation	10
Final exam = final project TBA	50
Total points for grading	points 400

Course Policies (in short-complete detail can be found listed after the course schedule)

Class participation and timeliness: Attendance and participation will affect your success in this course. Attendance will be taken at the beginning of each class; if you are late or leave early, you will be counted absent (unless previously discussed with the Instructor). Attendance grade will be based on the total number of classes minus one. Attendance grades will not exceed 100%; i.e., if you attend all classes you will likely receive 100% of the points available. Any questions or problems should be brought to the attention of Dr. Gankofskie prior to the assignment, quiz or exam due date. If the student can't contact Dr. Gankofskie, please contact the TA for guidance.

Grading on Canvas is not a student's FINAL grade. Please be aware that Canvas grading is used to offer a general update on graded assignments. The grade on the Canvas site may not accurately reflect all progress in completing the course. Attendance and class participation may not be "Completely" reflected in the Canvas grade.

All assignments must be typed, written at the appropriate level and formatted (structure, flow, correct grammar, etc.), using **AMA style format** and must be turned in on the date they are due. **If you are late to turn in an assignment, 20% will be deducted for each day of delay.** In case of an emergency or sickness, you will need to provide written evidence (physician's note, accident report, etc.) to avoid the late penalty. **If you miss a quiz, it will automatically be your drop grade. There are no make-ups.** This class meets 1 time each week and the pace can be rigorous. **More than 1 missed quiz will result in a cumulative final exam for those students only.**

The University grading policy can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx> .

The dietetics program has adopted the plus-minus grading scale for all DIE courses. The grade scale is as follows:

Academic Learning Compacts

The University of Florida has mandated that each major will have an academic learning compact that describes the communication, critical thinking and knowledge for each student after program completion. You can read more about them on the website <https://catalog.ufl.edu/ugrad/current/agriculture/alc/food-science-and-human-nutrition-dietetics.aspx> .

Software Use:

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate. This includes using the UF logo or any promotional content from the University of Florida. Think and ask before you push the "send" button.

Absences and Make-Up Work

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at:
<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Academic Honesty

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: ***“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”***

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/SCCR/honorcodes/honorcode.php>.

Academic Resources

E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university’s counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

- *University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575,*
www.counseling.ufl.edu/cwc/
 - Counseling Services
 - Groups and Workshops
 - Outreach and Consultation
 - Self-Help Library
 - Training Programs
 - Community Provider Database

- Career Resource Center, First Floor JWRU, 392-1601, www.crc.ufl.edu/
- Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need or visit the Student Health Care Center website.
- University Police Department: Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).
- UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.
- GatorWell Health Promotion Services: For prevention services focused on optimal wellbeing, including Wellness Coaching for Academic Success, visit the GatorWell website or call 352-273-4450.

Services for Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation

0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc/

Other Information: Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests. Also, no electronic sharing of tests/quizzes/ prepared lecture notes, etc. via social media and other methods. All these materials are the property of UF (and the instructor) and should not be displayed outside of Canvas for those students enrolled and using the resource.

DPD Policy (found in DPD Student Handbook 2015 (Revised 2017) at <http://fshn.ifas.ufl.edu/dietetics/undergraduate/home.shtml>):

- *Attendance is required for all DIE courses. Attendance will be taken at the beginning of each class. Excused absence will only be granted for the following reasons:*
 - *Death in the family as documented by a dated obituary.*
 - *Illness or hospitalization as documented by a physician's note related to that illness (vague notes such as "was seen" are not acceptable).*
 - *Religious holiday as documented by a written statement to the professor before the holiday.*
 - *Professional/graduate school interviews with documentation of interview letter and travel arrangements.*
 - *Accident as documented by a copy of the police report.*

Only students with excused absences will be allowed to make up the original work or suitable alternative if an exam or in-class assignment is missed. Absence from class will result in (penalty as determined by faculty member) unless there are unavoidable extenuating circumstances subject to the faculty member's discretion that can be documented to the faculty member's satisfaction.

- *Tardiness is unacceptable in the workplace and is also not appropriate in the classroom. It shows disrespect for the professor, other students in the class and the course content.*

Students who are tardy (as defined by the professor in each class) will be penalized according to the policy established for that class.

- *Viewing a computer, phone, tablet or any other technology related device during class, unless recommended by the instructor, is a distracted attendance behavior and will lower your attendance and/or participation grade.*

Course Policies:

Class attendance: Attendance and being on time are **mandatory**; you are learning skills that cannot be learned outside of the class/group setting. Attendance will be taken weekly at the beginning of class and will be assigned points for the final grade. **If you are more than 5 minutes late, you will not receive attendance credit.**

Class participation: Class participation is required in this DIE class. You are expected to participate in the exploration of products unless you are excused for a medical or religious reason.

Communication: We will be using UF Canvas for course communication, including announcements, assignments, and resources. Group discussion boards can also be set up for group communications.

Smart phone/cell phone/computer use in class: All of us love our smart phones, etc. and use them constantly to keep in touch with friends and what is going on outside of the classroom. My goal is to have our class time dedicated to the course. If you need to access something on your computer or phone that pertains to the class that we are having, feel free!! Please refrain from texting your friends, checking your Facebook page or surfing the web (I do notice and it does effect participation grades).

Change of Assignments: The instructor reserves the right to change the lecture to correspond with guest speakers and pace of student learning outcomes. Check Canvas and in class announcements each week to be sure material and assignments are as scheduled. It is the student's responsibility to be aware of announcements.

COVID or other health related announcements: Students must adhere to published university policies and regulations. Students and residents must remain informed concerning university policies, regulations, and guidelines; as well as laws, orders and community health needs which may change in response to COVID-19. See: <https://uf.force.com/PolicyHub/s/article/Behavioral-Expectations-in-Response-to-COVID-19>

If a student is unwell, *please contact the instructor and follow the UF guidelines for screening.*

University of Florida Dietetics Programs

AMA CITATION GUIDE

References should be listed at the end of the manuscript and titled "Reference List." Each reference should be listed in numerical order (two references should not be combined under a single reference number) instead of alphabetically. Additionally, each reference listing should be single-spaced.

In-text citations should be numerical and in consecutive order, written in superscript at the end of the sentence containing the citation. For example: This is an example of a referenced sentence in a paragraph.¹ In the case of multiple citations within one sentence, the citation should be placed immediately after the relevant information. For example: This is an example of a referenced sentence¹ in a paragraph.²

If a reference is used multiple times in one paper, use the same number throughout.

For more detailed information, please see The Purdue Online Writing Lab, from which this guide was sourced:
https://owl.purdue.edu/owl/research_and_citation/ama_style/index.html

Print Journal Articles

All citations to print journals should include the following:

- Author's surnames and initials (no comma between)
- Title of article (and subtitle if applicable) (NOT in quotation marks or italics)
- Abbreviated name of journal (italicized)
- Year (followed by a semicolon)
- Volume number
- Issue number (in parentheses, followed by a colon after the closed parenthesis)
- Part or supplement number, when pertinent
- Inclusive page numbers (initial page number, hyphen, final page number; all without spaces)

Format Example:

1. Compston A, Coles A. Multiple sclerosis. *The Lancet*. 2008;372(9648):1502-1517.
2. Jungang L. Investigation of radon and heavy metals in Xuanwei and Fuyuan, high lung cancer incidence areas in China. *J Environ Health*. 2013;76(4):32-39.

Books

All references to print books should include the following:

- Authors' surnames and first and middle initials
- Chapter title (if necessary; do not use quotation marks or italics)
- Surname and first and middle initials of book authors or editors (or translators, if any)
- Title of book and subtitle, if any
- Volume number and volume title, when there is more than one volume
- Edition number (do not indicate first edition)
- Place of publication
 - Country names must be spelled out when they appear alone.
 - For U.S. States and Canadian Provinces, provide the two-letter postal abbreviation available through either the USPS or Canada Post.
- Name of publisher
- Year of copyright
- Page numbers, when specific pages are cited

(Chapter) Format Example:

1. Wolfe M. Chapter 7: Meta-analysis. In: Silverstein A. *Cancer*. 5th ed. Minneapolis, MN: Twenty-First Century Books; 2006:214-235.

(Whole Book) Format Example:

2. Riegelman RK, Kirkwood B. *Public Health 101: Healthy People--Healthy Populations*. 2nd ed. Jones & Bartlett Learning; 2015.

Online Journal Articles

The basic format when referencing an article in an online journal is as follows:

- Author's surnames and initials (no comma between)
- Title of article (and subtitle if applicable) (NOT in quotation marks or italics)
- Abbreviated name of journal (italicized)
- Year (followed by a semicolon)

- Volume number
- Issue number (in parentheses, followed by a colon after the closed parenthesis)
- Part or supplement number, when pertinent
- Inclusive page numbers (initial page number, hyphen, final page number – without spaces)
- URL
- Published date (if available)
- Updated date (if available)
- Accessed date

Format Example:

1. Drake AJ, Smith A, Betts PR, et al. Type 2 diabetes in obese white children. *Arch Dis Child*. 2002;86(3), 207-208. <https://pubmed.ncbi.nlm.nih.gov/11861246>. Accessed April 5, 2015.

2. Grotta JC, Yamal JM, et al. Prospective, multicenter, controlled trial of mobile stroke units. *N Engl J Med*. 2021; 385:971-981. <https://www.nejm.org/doi/full/10.1056/NEJMoa2103879>. Published September 9, 2021. Accessed September 13, 2021.

Whole Website

References to an entire website should include the following elements:

- Author's surnames and initials (if given – often not available)
- Title of specific item cited (if none is given, use the name of the organization responsible for the site)
- Name of the website
- URL (verify link is still active before publishing)
- Published date (if available)
- Updated date (if available)
- Accessed date

Format Example:

1. Living With Type 1 Diabetes. Diabetes.org. <http://www.diabetes.org/living-with-diabetes/recently-diagnosed/living-with-type-1-diabetes.html>. Published February 9, 2015. Accessed April 7, 2015.

2. Yale University. ScienceDaily. <http://www.sciencedaily.com/releases/2015/01/1501733950>. Published January 7, 2015. Accessed April 5, 2015.

Theses and Dissertations

References to theses and dissertations should include the following:

- Author's surnames and initials (no comma between)
- Title of work (italicized)
- Location of university (followed by colon)
- University name (followed by semicolon)
- Year of completion

If the work has been published, it should be treated as any other book reference.

Format Example:

1. Medapati MR. *Extracellular S100A4 Induces Human Thyroid Cancer Cell Migration [master's thesis]*. Winnipeg, Canada: University of Manitoba; 2013.

2. MacKenzie MA. *Comparing Heart Failure and Cancer Caregiver Satisfaction with Hospice Care*. [dissertation]. Philadelphia: University of Pennsylvania; 2014.