

**FOS 3060**  
**Life after Graduation**  
**1 Credit, Fall 2023**

**Course Instructors**

Charles Sims, Ph.D.

Food Science and Human Nutrition Department

Building 120, room 130

Email: [csims@ufl.edu](mailto:csims@ufl.edu)

Office phone: 352-294-3592

Office Hours: Wednesday and Thursday 1:00-3:00 pm or by appointment

Renee Goodrich-Schneider, Ph.D.

Food Science and Human Nutrition Department

FSHN Building, room 329a

Email: [Goodrich@ufl.edu](mailto:Goodrich@ufl.edu)

Office phone: 352-294-3726

Office Hours: Wednesday and Thursday 1:00-3:00 pm

Keith Schneider, Ph.D.

Food Science and Human Nutrition Department

Aquatic Food Products Lab, room 216

Email: [keiths29@ufl.edu](mailto:keiths29@ufl.edu)

Office phone: 352-294-3910

Office Hours: Tuesday and Thursday 9:00-11:00 am

**Course Hours**

Monday, period 5 (11:45 am), CSE E221 and Zoom when specified

**Course Description**

Provides an overview of what opportunities are available for food science students after graduation, and tips and advice on how to be successful after graduation. Intended for all food science majors, especially those preparing to graduate within the academic year.

**Textbooks**

No textbook is required. You may be given handouts in class by various lecturers.

Materials will be achieved on the UF e-Learning website.

**Class Rules**

Attendance, attention, and full participation are expected. Other rules for the class are simple and essentially involve common sense and courtesy towards your colleagues and the instructor.

## **Grading**

This course will be graded as Satisfactory (>70%)/Unsatisfactory (<70%) based on a total of 100 points. Points will be awarded from assignments and attendance as follows:

Assignment on graduate education opportunities = 10 points

--You will be required to submit a one-page summary on how to apply to graduate school based on the content and discussion covered in those lectures.

Assignment on graduate applications = 10 points

--You will be required to turn in a statement of interest for a graduate school of your choice (whether you actually plan to apply or not). Grades will be based on completeness and professionalism.

Assignment on job opportunities = 10 points

--You will be required to submit a one-page summary on job opportunities and keys to obtaining a job. You are encouraged to include discussion and suggestions from guest speakers and returning alumni.

Resume project = 15 points

--You will be required to submit a one-page professional resume using the format and suggestions from the UF Career Resource Center and guest speakers. Grades will be based on adherence to required elements and professionalism.

Interview project = 15 points

--You will be required to conduct a mock interview at the UF Career Resource Center. You will receive feedback and suggestions from the Career Resource Center, which you should use to improve interviewing skill.

Assignment on options for future plans = 10 points

--You will be required to submit a one-page plan on your post-graduation plans and resources you will utilize in the future. A timeline stating goals and possible accomplishments should be included.

Attendance = 30 points

--You will lose 10 points for each unexcused class you miss

Total points = 100

## **General Policy on Writing**

All writing for this course should be clear and concise (including emails to instructors and particularly, any sort of summary assessment we ask you to write). Employers and graduate/professional programs seek graduates who can communicate effectively through standard scientific and business writing.

## **Learning Outcomes**

- Describe and assess the opportunities for graduate education.
- Prepare and complete a mock job interview.
- Integrate expert advice and class exercises to create a professional resume.
- Summarize information and gain competence in the search and application process for jobs.
- Facilitate professional development through organizations, internships, and international experience.

## **Course Outline**

- August 28 Course overview – Dr. Goodrich-Schneider, Dr. Schneider, Dr. Sims
- September 4 Labor Day, no class
- September 11 Life after graduation/Who are you, and what are your options? –  
Dr. Schneider
- September 18 Graduate school opportunities – Dr. Schneider
- September 25 Graduate school application process – Dr. Goodrich-Schneider
- October 2 Graduate Student Roundtable – FSHN graduate students
- October 9 Jobs/Careers: Tips from FSHN alumni – Zhou (Mona) Zou and Luis  
Martinez (Zoom)
- October 16 Jobs/Careers: Tips from FSHN alumni – Hannah Baderschneider and Eric  
Dryer (Zoom)
- October 23 Resumes and cover letters – Gabby Diaz-Portalatin, Career Connections  
Center
- October 30 Careers in food science – The big picture – Moira McGrath
- November 6 Jobs/careers (academia and government) – Dr. Ben Warren (Zoom)
- November 13 Interviewing strategies – Gabby Diaz-Portalatin, Career Connections  
Center
- November 20 Internships, undergraduate research opportunities – Dr. Sarnoski
- November 27 International opportunities and study abroad – Dr. Wysocki
- December 4 Professional practices and professional organizations – Dr. Goodrich-  
Schneider

## **Information for All Students**

### **Policy on In-Class Recording**

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor. A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session. Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third-party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student

### **Grades and Grade Points**

For information on current UF policies for assigning grade points, see <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

A statement related to class attendance and options for making up exams and other work. A standard statement is provided below.

### **Attendance and Make-Up Work**

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

### **Online Course Evaluation Process**

“Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.ua.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or

via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.”

### **Academic Honesty**

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.” You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g., assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code>.

### **Software Use**

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

### **Services for Students with Disabilities**

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation.

0001 Reid Hall, 352-392-8565, [www.dso.ufl.edu/drc/](http://www.dso.ufl.edu/drc/).

### **Campus Helping Resources**

Students experiencing crises or personal problems that interfere with their general wellbeing are encouraged to utilize the university's counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

- University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575, [www.counseling.ufl.edu](http://www.counseling.ufl.edu) Counseling Services Groups and Workshops Outreach and Consultation Self-Help Library Wellness Coaching
- U Matter We Care, [www.umatter.ufl.edu/](http://www.umatter.ufl.edu/).
- Career Connections Center, First Floor JWRU, 392-1601, <https://career.ufl.edu/>.

### **Student Complaints**

- Residential Course: <https://sccr.dso.ufl.edu/policies/student-honor-code-studentconduct-code/>.
- Online Course: <http://www.distance.ufl.edu/student-complaint-process>.