

FOS 3060
Life after Graduation
1 Credit, Fall 2022

Course Instructors

Charles Sims, Ph.D.
Food Science and Human Nutrition Department
Building 120, room 130
Email: csims@ufl.edu
Office phone: 352-294-3592
Office Hours: Wednesday and Thursday 1:00-3:00 pm or by appointment

Renee Goodrich-Schneider, Ph.D.
Food Science and Human Nutrition Department
FSHN Building, room 329a
Email: Goodrich@ufl.edu
Office phone: 352-294-3726
Office Hours: Wednesday and Thursday 1:00-3:00 pm

Keith Schneider, Ph.D.
Food Science and Human Nutrition Department
Aquatic Food Products Lab, room 216
Email: keiths29@ufl.edu
Office phone: 352-294-3910
Office Hours: Tuesday and Thursday 9:00-11:00 am

Course Hours

Monday, period 5 (11:45am), Mat 0002, MCCB 3096 and Zoom

Course Description

Provides an overview of what opportunities are available for food science students after graduation, and tips and advice on how to be successful after graduation. Intended for all food science majors, especially those preparing to graduate within the academic year.

Textbooks

No textbook is required. You may be given handouts in class by various lecturers.

Class Rules

Attendance, attention and full participation are expected. Other rules for the class are simple and essentially involve common sense and courtesy towards your colleagues and the instructor.

Grading

This course will be graded as Satisfactory (>70%)/Unsatisfactory (<70%) based on a total of 100 points. Points will be awarded from assignments and attendance as follows:

Assignment on graduate education opportunities = 10 points

--You will be required to submit a one-page summary on how to apply to graduate school based on the content and discussion covered in those lectures.

Assignment on graduate applications = 10 points

--You will be required to turn in an actual graduate application to a school of your choice (whether you actually plan to apply or not). Grades will be based on completeness and professionalism.

Assignment on job opportunities = 10 points

--You will be required to submit a one-page summary on job opportunities and keys to obtaining a job. You are encouraged to include discussion and suggestions from guest speakers and returning alumni.

Resume project = 15 points

--You will be required to submit a one-page professional resume using the format and suggestions from the UF Career Resource Center and guest speakers. Grades will be based on adherence to required elements and professionalism.

Interview project = 15 points

--You will be required to conduct a mock interview at the UF Career Resource Center. You will receive feedback and suggestions from the Career Resource Center, which you should use to improve interviewing skill.

Assignment on options for future plans = 10 points

--You will be required to submit a one-page plan on your post-graduation plans and resources you will utilize in the future. A timeline stating goals and possible accomplishments should be included.

Attendance = 30 points

--You will lose 10 points for each unexcused class you miss

Total points = 100

General Policy on Writing

All writing for this course should be clear and concise (including emails to instructors and particularly, any sort of summary assessment we ask you to write). Employers and graduate/professional programs seek graduates who can communicate effectively through standard scientific and business writing.

Learning Outcomes

- Describe and assess the opportunities for graduate education.
- Prepare and complete a mock job interview.
- Integrate expert advice and class exercises to create a professional resume.
- Summarize information and gain competence in the search and application process for jobs.
- Facilitate professional development through organizations, internships, and international experience.

Course Outline

- August 29 Course overview – Dr. Goodrich-Schneider, Dr. Schneider, Dr. Sims
- September 5 Labor Day, no class
- September 12 Life after graduation/Who are you, and what are your options? -- Dr. Schneider
- September 19 Graduate school opportunities – Dr. Schneider
- September 26 Graduate school application process – Dr. Goodrich-Schneider
- October 3 Graduate Student Roundtable – FSHN graduate students
- October 10 Jobs/Careers: Tips from FSHN alumni – Gillian Dagan and Luis Martinez
- October 17 Jobs/Careers: Tips from FSHN alumni – Hannah Baderschneider and Ryan Harrolle
- October 24 Careers in food science – the big picture – Moira McGrath
- October 31 Jobs/careers (academia and government) – Mickey Parish
- November 7 Overview of resume, cover letter and LinkedIn – Matthew Cowley, Career Connections Center
- November 14 Interviewing strategies – Matthew Cowley, Career Connections Center
- November 21 Internships, undergraduate research opportunities – Dr. Sarnoski
- November 28 International opportunities and study abroad – Dr. Wysocki
- December 5 Professional practices and professional organizations – Dr. Goodrich-Schneider

Information for All Students

Policy on In-Class Recording

Students are allowed to record video or audio of class lectures. However, the purposes for which these recordings may be used are strictly controlled. The only allowable purposes are (1) for personal educational use, (2) in connection with a complaint to the university, or (3) as evidence in, or in preparation for, a criminal or civil proceeding. All other purposes are prohibited. Specifically, students may not publish recorded lectures without the written consent of the instructor. A “class lecture” is an educational presentation intended to inform or teach enrolled students about a particular subject, including any instructor-led discussions that form part of the presentation, and delivered by any instructor hired or appointed by the University, or by a guest instructor, as part of a University of Florida course. A class lecture does not include lab sessions, student presentations, clinical presentations such as patient history, academic exercises involving solely student participation, assessments (quizzes, tests, exams), field trips, private conversations between students in the class or between a student and the faculty or lecturer during a class session. Publication without permission of the instructor is prohibited. To “publish” means to share, transmit, circulate, distribute, or provide access to a recording, regardless of format or medium, to another person (or persons), including but not limited to another student within the same class section. Additionally, a recording, or transcript of a recording, is considered published if it is posted on or uploaded to, in whole or in part, any media platform, including but not limited to social media, book, magazine, newspaper, leaflet, or third party note/tutoring services. A student who publishes a recording without written consent may be subject to a civil cause of action instituted by a person injured by the publication and/or discipline under UF Regulation 4.040 Student

Grades and Grade Points

For information on current UF policies for assigning grade points, see <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>
A statement related to class attendance and options for making up exams and other work. A standard statement is provided below.

Attendance and Make-Up Work

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at:
<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Online Course Evaluation Process

“Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. Guidance on how to give feedback in a professional and respectful manner is available at <https://gatorevals.aa.ufl.edu/students/>. Students will be notified when the evaluation period opens and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or

via <https://ufl.bluera.com/ufl/>. Summaries of course evaluation results are available to students at <https://gatorevals.aa.ufl.edu/public-results/>.”

Academic Honesty

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.” You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g., assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code>.

Software Use

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

Services for Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation.

0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc/.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general wellbeing are encouraged to utilize the university’s counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal

problems or lacking clear career or academic goals, which interfere with their academic performance.

- University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575, www.counseling.ufl.edu Counseling Services Groups and Workshops Outreach and Consultation Self-Help Library Wellness Coaching
- U Matter We Care, www.umatter.ufl.edu/.
- Career Connections Center, First Floor JWRU, 392-1601, <https://career.ufl.edu/>.

Student Complaints

- Residential Course: <https://sccr.dso.ufl.edu/policies/student-honor-code-studentconduct-code/>.
- Online Course: <http://www.distance.ufl.edu/student-complaint-process>.