

COMMUNITY NUTRITION SYLLABUS 2021

DIE 3310

CLASS: DIE 3310 (2 credits) **Location:** WEIM 1070

Faculty:

Instructor: Beth Gankofskie, Ph.D., M.S., R.D.N.

Class meeting times: Monday, 12:50-2:45

Office location: Building 120, 1st floor, Room 104E

(AKA Taste Panel, directly across from the FSHN Bldg)

Phone: (352)273-3471 EMAIL: gankofskie@UFL.edu

TA : Amber Fritsche (1st yr. MS-DI student, and UF DPD graduate!); Email: afritsche@ufl.edu

Office Hours:

Tuesdays 9 am - 10:30 am by appointment through Rachel Vinyard; rvinyard@ufl.edu

Wednesday 12:00 to 2:00 pm by appointment through Rachel Vinyard; rvinyard@ufl.edu

COURSE WEBSITE: Uses Canvas. To use the site, enter your Net ID username and password. Check the class website often, at least prior to class meeting times for any updates, announcements, notices, etc. Class materials, assignments, resources, and announcements will be posted on this website.

TEXT: Community Nutrition 3rd edition (978-1449652937) by Nweze Nnakwe. Published by Jones & Bartlett.

Additional: outside readings as assigned

Course Description: This course will examine the role of nutrition in promoting, maintain and improving health in the community. It investigates traditional aspects of the emerging health delivery system, as well as entrepreneurial ventures. Students will study the financial, legislative, political, sociological, and scientific aspects of public and community health nutrition.

Prerequisite: HUN 2201, Fundamentals of Human Nutrition. Dietetic Students only!

Course Requirement: All students must have an email account and access to an email account.

Course Objectives:

The following course objectives are based on the “foundation knowledge requirements and learning outcomes for Didactic Programs in Nutrition (DPD) and Dietetics.” Accreditation Council for Education in Nutrition and Dietetics (ACEND) Accreditation Standards, 2017.

1. **KRDN 2.1:** Demonstrate effective and professional oral and written communication and documentation. (measured with the SNAP chat Nutrition Education Project-changes as needed).
2. **KRDN 2.2:** Develop interventions to affect change and enhance wellness in culturally diverse individuals and groups (measured through the grant writing process assignment).
3. **KRDN 2.3:** Assess the impact of a public policy position on nutrition and dietetics practice. (measured by in class activity on public policy development).
4. **KRDN 2.6:** Demonstrate cultural competence/sensitivity to diverse groups and environments. (measured by field trips and discussions of the purpose and function

of a food pantry and food bank for the low socio-economic nutrition needs of the community and the homeless population-worksheet and reflection paper).

5. Explain the impact of a public policy position on dietetics practice.
6. Explain the impact of health care policy and different health care delivery systems on food and nutrition services.

Assignments

EVALUATION	Percentage Points
Class attendance and participation:	75
Including and not limited to each field experience and in class activities, reflections, and perception of guest speakers	
8 Quizzes (lowest grade dropped 10 pts each:	70
Grant assignment	75
Grant proposal-preparation draft (group)	(20)
Read and respond to grant (each student peer review)	(10)
Final grant proposal (group)	(45)
Nutrition Education material content/development	120
Other (3)	
a. Cooking for Family and Friends	40
b. Public Policy activity	30
c. Behavior Change log	20
Recitation-presentation grade of final project:	30
Final exam = final project Nutrition Education	
Total points for grading	450 points

Course Policies (in short-complete detail can be found listed after the course schedule)

Class participation and timeliness: Attendance and participation will affect your success in this course. Attendance will be taken at the beginning of each class; if you are late or leave early, you will be counted absent (unless previously discussed with the Instructor). Attendance

grade will be based on the total number of classes minus one. Attendance grades will not exceed 100%; i.e., if you attend all classes you will likely receive 100% of the points available.

Grading on Canvas is not a student's FINAL grade. Please be aware that Canvas grading is used to offer a general update on graded assignments. The grade on the Canvas site may not accurately reflect all progress in completing the course. Attendance and class participation may not be "Completely" reflected in the grade.

All assignments must be typed, written at the appropriate level and formatted (structure, flow, correct grammar, etc.), using **AMA style format** and must be turned in on the date they are due. If you are late to turn in an assignment, **20%** will be deducted for each day of delay. In case of an emergency or sickness, you will need to provide written evidence (physician's note, accident report, etc.) to avoid the late penalty. If you miss a quiz, it will automatically be your drop grade. **There are no make-ups.** This class meets 1 time each week and the pace can be rigorous. **More than 1 missed quiz will result in a cumulative final exam for those students only.**

Courtesy: Please turn off your cell phones during class; if you are expecting a very important call (e.g., doctor's appointment or family emergency), set it to vibrate.

Instructor reserves the right to change the schedule for lectures, assignments and exams. If a class is canceled due to inclement weather, assignments or exams will be due/given during the next class.

Any questions or problems should be brought to the attention of Dr. Gankofskie prior to the assignment or exam due date.

SCHEDULE OF CLASSES

SCHEDULE OF CLASSES

Please note: Instructor reserves the right to change the order of assignments and field trip as deemed necessary. Students should use the Canvas Announcement feature to track any changes or updates.

Week	Reading before class	Monday	Working forward
#1	<p>Jan 11, 2021</p> <p>Review syllabus, take poll of students that can participate in field trips in GNV</p> <p>Chapter 1: Nnakwe, N.E., (2018) Community Nutrition: Planning Health Promotion and Disease Prevention. 3rd ed.</p> <p style="background-color: yellow;">Assign all students to visit UF Field and Fork Food Pantry and complete field experience data sheet. All students may select another food pantry closer to their location.</p>	<p>Jan 11, 2021</p> <p>Introduction to Community Nutrition</p> <p>Theories and Models for behavior change</p> <p>Syllabus Review</p>	<p>Library: text on reserve at Marston Library</p>

Week	Reading before class	Monday	Working forward
	<p>Assign all students Behavior Change Activity;</p> <p>Health Coaching for Behavior Change; An Olympic Sport. https://www.aafp.org/fpm/2018/0300/p31.html</p> <p>SMART link: https://www.indeed.com/career-advice/career-development/smart-goals</p>	<p>Assign Behavior Change project</p> <p>NOTE: FUTURE Quiz is on information provided in previous class and required readings. Not cumulative (unless noted).</p>	<p>ALL Quizzes are due Sunday night at 11:59pm before next class.</p>
#2	<p>Jan 18, 2021 No Class MLK Day</p>	<p>January 14, 2019</p> <p>Nutrition Screening and Assessment</p>	<p>QUIZ 1 (chapter 1 slides)</p>
#3	<p>Jan 25 CH 2</p>	<p>Jan 21</p> <p>Read CH 3</p>	<p>No quiz</p>
#4	<p>Feb 1 Guest Speaker: Ms. Rhonda Kingsley, MPH, RDN, LD</p> <p>Ch. 3 Nutrition Epidemiology and Research Methods</p>	<p>Jan 28</p> <p>Read CH 4</p>	<p>QUIZ 2 (chapter 2)</p>
#5	<p>Feb 8 Guest Speaker: Dr. Dina Liebowitz, UF Farm Tour</p> <p>Ch.4 US monitoring of food assistance programs and public policy views</p>	<p>Read CH 5 before trip to Food Bank</p>	<p>No quiz</p>
#6	<p>Feb 15 FIELD trip to Bread for the Mighty Food Bank (tentative) Bob Leichter</p> <p>Guest speakers: DPD seniors, Jane Parke and Jeena Ender</p>	<p>Feb 11</p>	<p>QUIZ 3 (CH 4)</p>
#7	<p>Feb 22 Grant writing workshop 1</p> <p>Ch. 14 FIELD TRIP</p> <p>Alachua County Public School Child Nutrition Program</p> <p>Mrs. Kelli Brew, MS and</p> <p>Mrs. Raina Rivera, MS, RDN</p> <p>2802 NE 8th Avenue (2.89 mi) Gainesville, Florida 32641</p>	<p>Feb 18</p> <p>CH 14</p>	<p>No quiz</p>

Week	Reading before class	Monday	Working forward
#8	<p>Guest Speaker, Ms. Stephani Sassos, RDN for Good Housekeeping Magazine</p> <p>March 1st Grant writing workshop 2</p>	<p>Feb 25th</p> <p>Grantsmanship skills</p>	<p>Quiz 4</p> <p>Grants (CH 14)</p>
#9	<p>Guest Speaker: Publix Dietitian TBA</p> <p>March 8th Ch. 16 Principles of Nutrition Education and CH 12 Principles of planning in community nutrition</p>	<p>Mar 8</p> <p>Principles of education and planning in community nutrition</p>	<p>No quiz</p>

Week	Preparation	Monday	
#10	<p>Guest Speaker: Chef Cyndie Story, PhD, M.Ed., RDN Child Nutrition Expert Trainer</p> <p>Chapters 8</p>	<p>Mar 15</p> <p>Chapters 8</p> <p>Nutrition from infancy to adolescence overview</p>	<p>QUIZ 5</p> <p>CH 16 & 12 (10 points)</p>
#11	<p>Guest Speaker: Jessie Furman, MS, RDN.</p> <p>Mar 22</p> <p>Chapters 10 + 11</p>	<p>Mar 22</p> <p>Nutrition in adulthood and geriatric nutrition overview</p>	<p>No Quiz</p> <p>Read CH 17</p>
#12	<p>Guest speaker: TBA</p> <p>March 29th</p> <p>Ch. 17</p>	<p>March 29th</p> <p>Marketing nutrition programs</p>	<p>QUIZ 6: CH 8</p>

Week	Preparation	Monday	
#13	<p>Guest speaker: TBA</p> <p>Apr 5</p> <p>TBA</p>	<p>Apr 5</p> <p>TBA</p>	Quiz 7 CH 10 & 11
#15	<p>Apr 12</p> <p>Student presentations</p>	<p>Apr 12</p> <p>Student presentations as assigned by instructor. Will continue into April 19th class.</p>	Quiz 8 CH 17
#16	<p>Apr 19 Last Class</p> <p>Note: Final Exam (only for students who have more than 1 absence or miss more than one quiz).</p>	<p>Final (cumulative)=April 28, 2021</p> <p>Final Time 12:30-2:45 WEIM 1070</p>	Final Project due on last day of this class April 19 th at 11:59

The University grading policy can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx> .

The dietetics program has adopted the plus-minus grading scale for all DIE courses. The grade scale is as follows:

Academic Learning Compacts

The University of Florida has mandated that each major will have an academic learning compact that describes the communication, critical thinking and knowledge for each student after program completion. You can read more about them on the website <https://catalog.ufl.edu/ugrad/current/agriculture/alc/food-science-and-human-nutrition-dietetics.aspx> .

Software Use:

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate. This includes using the UF logo or any promotional content from the University of Florida. Think and ask before you push the “send” button.

Absences and Make-Up Work

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Academic Honesty

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: ***“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”***

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/SCCR/honorcodes/honorcode.php>.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university’s counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

- *University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575, www.counseling.ufl.edu/cwc/*
 - Counseling Services
 - Groups and Workshops
 - Outreach and Consultation
 - Self-Help Library
 - Training Programs
 - Community Provider Database
- *Career Resource Center, First Floor JWRU, 392-1601, www.crc.ufl.edu/*

Services for Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation

0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc/

Other Information: Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests. Also, no electronic sharing of tests/quizzes/ prepared lecture notes, etc. via social media and other methods. All these materials are the property of UF (and the instructor) and should not be displayed outside of Canvas for those students enrolled and using the resource.

DPD Policy (found in DPD Student Handbook 2015 (Revised 2020) at <http://fshn.ifas.ufl.edu/dietetics/undergraduate/home.shtml>):

- *Attendance is required for all DIE courses. Attendance will be taken at the beginning of each class. Excused absence will only be granted for the following reasons:*
 - *Death in the family as documented by a dated obituary.*
 - *Illness or hospitalization as documented by a physician's note related to that illness (vague notes such as "was seen" are not acceptable).*
 - *Religious holiday as documented by a written statement to the professor before the holiday.*
 - *Professional/graduate school interviews with documentation of interview letter and travel arrangements.*
 - *Accident as documented by a copy of the police report.*

Only students with excused absences will be allowed to make up the original work or suitable alternative if an exam or in-class assignment is missed. Absence from class will result in (penalty as determined by faculty member) unless there are unavoidable extenuating circumstances subject to the faculty member's discretion that can be documented to the faculty member's satisfaction.

- *Tardiness is unacceptable in the workplace and is also not appropriate in the classroom. It shows disrespect for the professor, other students in the class and the course content. Students who are tardy (as defined by the professor in each class) will be penalized according to the policy established for that class.*
- *Viewing a computer, phone, tablet or any other technology related device during class, unless recommended by the instructor, is a distracted attendance behavior and will lower your attendance and/or participation grade.*

Course Policies:

Class attendance: Attendance and being on time are **mandatory**; you are learning skills that cannot be learned outside of the class/group setting. Attendance will be taken weekly at the beginning of class and will be assigned points for the final grade. **If you are more than 5 minutes late, you will not receive attendance credit.**

Class participation: Class participation is required in this DIE class. You are expected to participate in the exploration of food products, community venues, and activities for class participation unless you are excused for a medical or religious reason.

Communication: We will be using UF Canvas for course communication, including announcements, assignments, and resources. Group discussion boards can also be set up for group communications.

Smart phone/cell phone/computer use in class: All of us love our smart phones, etc. and use them constantly to keep in touch with friends and what is going on outside of the classroom. My goal is to have our class time dedicated to the course. If you need to access something on your computer or phone that pertains to the class that we are having, feel free!! Please refrain from texting your friends, checking your Facebook page or surfing the web (I do notice and it does effect participation grades).

Change of Assignments: The instructor reserves the right to change the lecture to correspond with guest speakers and pace of student learning outcomes. Check Canvas and in class announcements each week to be sure material and assignments are as scheduled. It is the student's responsibility to be aware of announcements.