

Dietetic Internship I

DIE 6942

Class Periods: Monday – Friday; 8-4:30pm

Location: Dependent upon internship location

Academic Term: Spring 2021

Credits: 9

Instructor:

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Course Description

Internship in dietetics in affiliated institutions offering core rotations in community nutrition, food systems management, and clinical dietetics. Emphasizes applying theory to practice.

Course Pre-Requisites / Co-Requisites

DIE 6242

Course Objectives

Upon completion of this course, students will:

1. Utilize the tenets of the Nutrition Care Process and the Academy's code of ethics when interacting with preceptors and clients
2. Demonstrate effective counseling skills for diverse individuals and groups in clinical settings
3. Develop, implement, and evaluate an educational session or program/educational strategy for a target population
4. Demonstrate an understanding of cultural competence/sensitivity

Activities and assignments completed in this course contribute to the achievement of the following ACEND competencies:

CRDN 1.1: Select indicators of program quality and/or customer service and measure achievement of objectives.

CRDN 1.2: Apply evidence-based guidelines, systematic reviews and scientific literature.

CRDN 1.3: Justify programs, products, services and care using appropriate evidence or data.

CRDN 1.4: Evaluate emerging research for application in nutrition and dietetics practice.

CRDN 1.5: Conduct projects using appropriate research methods, ethical procedures and data analysis.

CRDN 1.6: Incorporate critical-thinking skills in overall practice.

CRDN 2.2: Demonstrate professional writing skills in preparing professional communications.

CRDN 2.3: Demonstrate active participation, teamwork and contributions in group settings.

CRDN 2.4: Function as a member of interprofessional teams.

CRDN 2.6: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice.

CRDN 2.8: Demonstrate negotiation skills.

CRDN 2.11: Show cultural competence/sensitivity in interactions with clients, colleagues and staff.

CRDN 2.12: Perform self-assessment and develop goals for self-improvement throughout the program.

CRDN 2.14: Demonstrate advocacy on local, state or national legislative and regulatory issues or policies impacting the nutrition and dietetics profession.

CRDN 3.1: Perform the Nutrition Care Process and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings.

CRDN 3.2: Conduct nutrition focused physical exams.

CRDN 3.3: Demonstrate effective communications skills for clinical and customer services in a variety of formats and settings.

CRDN 3.4: Design, implement and evaluate presentations to a target audience.

CRDN 3.5: Develop nutrition education materials that are culturally and age appropriate and designed for the educational level of the audience.

CRDN 3.6: Use effective education and counseling skills to facilitate behavior change.

CRDN 3.8: Deliver respectful, science-based answers to client questions concerning emerging trends.

CRDN 3.9: Coordinate procurement, production, distribution and service of goods and services, demonstrating and promoting responsible use of resources.

CRDN 3.10: Develop and evaluate recipes, formulas and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals.

CRDN 4.1: Participate in management of human resources.

CRDN 4.2: Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food.

CRDN 4.3: Conduct clinical and customer service quality management activities.

CRDN 4.5: Analyze quality, financial and productivity data for use in planning.

CRDN 4.6: Propose and use procedures as appropriate to the practice setting to promote sustainability, reduce waste and protect the environment

CRDN 4.7: Conduct feasibility studies for products, programs or services with consideration of costs and benefits.

CRDN 4.8: Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies.

CRDN 4.10: Analyze risk in nutrition and dietetics practice.

CRDN 5.4 Apply relevant education and behavioral sciences theories and techniques to modify nutrition and health behaviors for individuals and groups.

Materials and Supply Fees

Students assigned to UF Health Shands Hospital for Food Systems Management rotation must purchase and wear a pair of approved safety shoes. (Instructor will provide purchasing details.)
Note: Regardless of the site to which you are assigned, all students need to wear non-slip shoes during their Food Systems Management rotation; however, only UF Health Shands Hospital requires approved safety shoes.)

Required Textbooks and Software

There is NO official textbook for this course, but required readings are posted in the Canvas site that you MUST read prior to each internship rotation.

Recommended Materials

Edelstein, S. *Managing Food and Nutrition Services for the Culinary, Hospitality, and Nutrition Professions*. 2008.

Course Schedule

Weeks	Rotation	Location	Contact Hours
1 - 5	Food Systems Management	Clinical facility	152
6-10	General Clinical	Clinical facility	160
11	Spring break		
12-16	Critical Care	Clinical facility	160

Attendance Policy, Class Expectations, and Make-Up Policy

Per University Policy, attendance is expected all days of the internship. When an absence does occur, the student is responsible for the material covered during the absence. The student must notify the instructor in advance of an anticipated absence. Dr. Andrade will grant make-up privileges (when possible) to students for properly verified absences due to illness, emergency, or participation in an official University activity. Excused absences must be consistent with university policies in the Catalog (<https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>) and require appropriate documentation.

The week before a new rotation begins:

- Call the preceptor to schedule the time and place to meet on the first day. Discuss parking, meal options, computer access, dress code and personal cell phone/lap top computer/smart phone use. Address site preceptors as Ms., Mrs., Mr., or Dr. (as appropriate) when initiating contact. Ask them if that is how they would like for you to address them.
- Review the rotation narrative. (For all rotations, be sure to complete the activities listed on "Introduction to Your X Rotation Worksheet/Checklist" BEFORE the first day of your rotation.)
- Read/review rotation related references.

During the rotation:

- Dress professionally and remember your nametag, lab coat (when appropriate for the site), and your professional attitude. Wearing scrubs may be allowed in selected sites. Verify the dress code with your preceptor.
- Remember you must maintain patient/client confidentiality and comply with HIPAA.
- Check e-mail daily as you will receive important messages from the faculty and the university.
- Request permission before using site equipment such as copy machine, computer, fax machine, etc.
- If the site has authorized you to purchase materials, supplies, equipment, or any other items for which you will be reimbursed, be certain that you know and follow all purchasing guidelines, submit the appropriate paperwork and receipts, and do not exceed the budget allotted.

- Complete all patient assignments without using the patient's actual name or initials. You may use the abbreviation "Pt", or if you prefer, you may use fictitious initials, in which case you must include a statement indicating that the initials are fictitious.
- Learn, learn, learn, and enjoy the experience to the fullest! You've worked very hard to get here and many people are working on your behalf!
- Remember you represent the profession and the program and your performance will affect future students, as well as the opinions that others form about you.

After the rotation:

- Write a handwritten thank you note to your preceptor(s).
- Be sure all commitments have been met.
- Submit all assignments and evaluations by the Monday following completion of the rotation.

Tips for completing internship comprehensive reports:

- Assignments that require a "comprehensive report" are characterized by the criteria listed below (as appropriate for the particular assignment):
- Use journal articles, reference books, facility reports, websites, and/or additional resources to explore the topic. Document references used.
- A historical or long-term view of the topic may be required to satisfactorily complete the objective. Example: Review a program or regulations from its inception or a specified date to the present time and make projections about the future.
- A holistic or global view of a topic may be required to satisfactorily complete the objective. Example: Review green friendly websites related to hospitals, restaurant/kitchens, and building/construction for general topic knowledge.
- Draw from other learning experiences, courses, volunteer, and work experiences to complete the report. Example: Participate in providing services to high risk clients and make note of the differences in nutritional assessment when the client meets high risk guidelines.
- Include all components discussed in the narrative description of the Planned Learning Experiences.
- Express and identify your comments/opinions, when requested.
- Up to several pages in length (typed).
- Thorough and complete; not necessarily bigger and longer.

Assignment due dates:

The intern is expected to complete all objectives and to submit all of the assignments listed under the evaluation column of the rotation narrative no later than the Monday following completion of the rotation. Assignments that are mailed to the faculty liaison must be post marked on or by Monday. Selected assignments have due dates identified during the rotation, often at the midpoint. Failure to submit assignments in a timely manner may delay progression to the next rotation.

Assignments can be turned in as they are completed during the rotation. This will allow the faculty member to review them and return for corrections or additions at the earliest possible date. Additionally, some assignments require preceptor review before submission to the faculty member. Check with the faculty liaison to discern whether they prefer early submissions or the entire packet of assignments at the end of the rotation.

Unless stated otherwise, all assignments must be typed. Assignments with numerous math calculations and certain other assignments, as noted within the rotation narrative, may be handwritten. Handwriting is expected to be legible.

Assignments are expected to be completed individually by each intern unless specified as a group assignment.

Assignments are to be completed during non-internship hours as homework, unless resources at the site are required to complete the assignment. Activities completed by the intern that are not part of the preceptor's responsibility are not considered supervised practice. For example, writing a paper, writing a case study, homework, background reading, completing a study guide, etc. are not counted as supervised practice time.

Evaluation of Grades

Assignment	Total Points	Percentage of Final Grade
Quizzes (3 x 10 points each)	30	3%
In-service materials (3 x 50 points each)	150	15%
Green project	50	5%
Menus (2 x 50 points each)	100	10%
Flow charts (2 x 25 points each)	50	5%
Safety & Sanitation Procedures and inspections	20	2%
Themed meal materials	50	5%
Budget/Staffing worksheets (2 x 25 points each)	50	5%
Case study materials (4 x 25 points each)	100	10%
Counseling skills checklists (4 x 25 points each)	100	10%
Physical exam sheets (4 x 25 points each)	100	10%
Patient roster	50	5%
Enteral and Parenteral worksheets (4 x 25 points each)	100	10%
Medication worksheets (2 x 25 points each)	50	5%
	1000	100%

Grading Policy

S or U. Students, who receive a total score of 800 (80%) or higher from all assignments, will receive a letter grade of S in the course.

More information on UF grading policy may be found at: <https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>

Students Requiring Accommodations

Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://www.dso.ufl.edu/drc>) by providing appropriate documentation. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. Students with disabilities should follow this procedure as early as possible in the semester.

Course Evaluation

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at <https://evaluations.ufl.edu/evals>. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>.

University Honesty Policy

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code (<https://www.dso.ufl.edu/sccr/process/student-conduct-honor-code/>) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

Software Use

All faculty, staff, and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate. We, the members of the University of Florida community, pledge to uphold ourselves and our peers to the highest standards of honesty and integrity.

Student Privacy

There are federal laws protecting your privacy with regards to grades earned in courses and on individual assignments. For more information, please see: <http://registrar.ufl.edu/catalog0910/policies/regulationferpa.html>

Campus Resources:

Health and Wellness

U Matter, We Care:

If you or a friend is in distress, please contact umatter@ufl.edu or 352 392-1575 so that a team member can reach out to the student.

Counseling and Wellness Center: <http://www.counseling.ufl.edu/cwc>, and 392-1575; and the University Police Department: 392-1111 or 9-1-1 for emergencies.

Sexual Assault Recovery Services (SARS)

Student Health Care Center, 392-1161.

University Police Department at 392-1111 (or 9-1-1 for emergencies), or <http://www.police.ufl.edu/>.

Academic Resources

E-learning technical support, 352-392-4357 (select option 2) or e-mail to Learning-support@ufl.edu. <https://lss.at.ufl.edu/help.shtml>.

Career Connections Center, Reitz Union Suite 1300, 392-1601. Career assistance and counseling. <https://www.career.ufl.edu/>.

Library Support, <http://cms.uflib.ufl.edu/ask>. Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center, Broward Hall, 392-2010 or 392-6420. General study skills and tutoring. <https://teachingcenter.ufl.edu/>.

Writing Studio, 302 Tigert Hall, 846-1138. Help brainstorming, formatting, and writing papers. <https://writing.ufl.edu/writing-studio/>.

Student Complaints Campus: https://www.dso.ufl.edu/documents/UF_Complaints_policy.pdf.

On-Line Students Complaints: <http://www.distance.ufl.edu/student-complaint-process>.