

HUN 6321
Proteins and Amino Acids in Nutrition
Fall 2020

Lecture: 3 Credits, Friday, Periods 3-5 (9:35 am – 12:35 pm) DUE TO THE COVID-19 PANDEMIC CLASSES FOR THE FALL 2020 SEMESTER WILL BE HELD ONLINE VIA ZOOM. (ACCESS THROUGH CANVAS)

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Office Hours: Friday 1-3 pm (PLEASE SCHEDULE)

Prerequisites: HUN 3221 and BCH 3025 or equivalent

This course has been identified as having a physical presence component which will be fulfilled through an in-person presentation that balance interactive learning and learning assessment with the realities of UF's Fall 2020 COVID-19 policies. See course outline for specific class sessions that support this requirement.

Description:

Nutritional aspects of proteins and amino acids, with emphasis on metabolism, nitrogen and amino acid requirements, assessment of protein quality, effects of deficiencies, toxicities and physiological stresses, and techniques for improving protein nutrition.

Format:

One three-hour classes per week. The general format will be a combination of lectures and discussions on current concepts in protein and amino acid nutrition in humans.

Course Learning Objectives:

Demonstrate knowledge of the physiological, biochemical, and molecular factors that control protein and amino acid metabolism in humans.

Review and write literature related to amino acid and protein metabolism from a nutritional perspective

Develop independent critical thinking and conversational skills.

Required Textbooks: There is no required textbook for this course.

Reading List: Students will use relevant literature available through UF libraries (both physical and online).

Students will find some pertinent information in the most updated version of:
 Amino Acids: Biochemistry and Nutrition 1st Edition, Wu
 Lehninger's Principles of Biochemistry 7th Edition Nelson, Cox
 The following articles are informative: (1-6)

1. Glynn, E. L., Piner, L. W., Huffman, K. M., Slentz, C. A., Elliot-Penry, L., AbouAssi, H., White, P. J., Bain, J. R., Muehlbauer, M. J., Ilkayeva, O. R., Stevens, R. D., Porter Starr, K. N., Bales, C. W., Volpi, E., Brosnan, M. J., Trimmer, J. K., Rolph, T. P., Newgard, C. B., and Kraus, W. E. (2015) Impact of combined resistance and aerobic exercise training on branched-chain amino acid turnover, glycine metabolism and insulin sensitivity in overweight humans. *Diabetologia* **58**, 2324-2335
2. Liao, S. F., Regmi, N., and Wu, G. (2018) Homeostatic regulation of plasma amino acid concentrations. *Front Biosci (Landmark Ed)* **23**, 640-655
3. Cruzat, V., Macedo Rogero, M., Noel Keane, K., Curi, R., and Newsholme, P. (2018) Glutamine: Metabolism and Immune Function, Supplementation and Clinical Translation. *Nutrients* **10**
4. Larance, M., and Lamond, A. I. (2015) Multidimensional proteomics for cell biology. *Nat Rev Mol Cell Biol* **16**, 269-280
5. Hartl, F. U. (2017) Unfolding the chaperone story. *Mol Biol Cell* **28**, 2919-2923
6. Kim, Y. E., Hipp, M. S., Bracher, A., Hayer-Hartl, M., and Hartl, F. U. (2013) Molecular chaperone functions in protein folding and proteostasis. *Annual review of biochemistry* **82**, 323-355

Recommended Materials: There are no additional fees for materials in this course.

COURSE OUTLINE

Topics (Subject to change)

Week	Topic
1	Introduction (1)
2	Basic Amino acid and Protein Metabolism
3	Protein Digestion and Requirements Essential amino acids
4	Inborn Errors of Amino acid metabolism

5	Presentation and Discussion (Physical presence requirement)
6	Homecoming no class
7	Presentation and Discussion (Physical presence requirement)
8	Presentation and Discussion (Physical presence requirement)
9	Presentation and Discussion (Physical presence requirement)
10	Presentation and Discussion (Physical presence requirement)
11	Presentation and Discussion (Physical presence requirement)
12	Presentation and Discussion (Physical presence requirement)
13	Presentation and Discussion (Physical presence requirement)
14	Thanksgiving
15	Presentation

Critical Dates:

Presentations: Will begin on the fourth or fifth week of classes.
Major Assignment Due: October 30th

Evaluation Scheme:

Students will be assigned as discussants during presentations, one major assignment and each student will give an 'in-class' presentation.

Major assignment: Each student will write a mini-review article on the topic of your choosing. The review should be related to amino acids or protein research. Students are

encouraged to relate their review to their own research but must not focus on their specific graduate research activities. This will be discussed further in class.

Presentations: Students will have to give a 50-minute presentation of research articles that will be selected by the student and approved by the professor.

A good presentation will include a sufficient background information and literature review, discussion on the meaning and implications of relevant and important figures/data from the article(s), discussion of the conclusions made in the article and whether the data support those conclusions, discussion on the limitations of the study/article and discussion on the future of the research area that is dealt with in the article.

Finally, each assigned discussant student will **submit a question related to the article prior to the presentation** and those questions and others will be covered by the presenting student and the class.

Questions	30% (20 pts for submitted questions, 10 pts discuss)
Major Assignment	50% (50 pts)
Presentations	20% (20 pts)

UF Grading Policy:

Grade %	Letter Grade	GPA
93.4-100	A	4.00
90.0-93.3	A-	3.67
86.7-89.9	B+	3.33
83.4-86.6	B	3.00
80.0-83.3	B-	2.67
76.7-79.9	C+	2.33
73.4-76.6	C	2.00
70.0-73.3	C-	1.67
66.7-69.9	D+	1.33
63.4-66.6	D	1.00
60.0-63.3	D-	0.67
0-59.9	E	0.00

Class Attendance and Make-up work:

Class attendance and participation are mandatory in accordance with the University of Florida's policy on attendance that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Students will behave in an appropriate manner in class, taking care not to disrupt other students learning activities. Students are asked to be punctual and submit assignments on

time. If there is a valid reason for absence then the student will make the professor aware of the situation and provide documentation if required by UF policy (see above link).

1. For face to face courses a statement informing students of COVID related practices such as:

We will have face-to-face instructional sessions to accomplish the student learning objectives of this course. In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and to enhance the safety of our in-classroom interactions.

- You are required to wear approved face coverings at all times during class and within buildings. Following and enforcing these policies and requirements are all of our responsibility. Failure to do so will lead to a report to the Office of Student Conduct and Conflict Resolution.
- This course has been assigned a physical classroom with enough capacity to maintain physical distancing (6 feet between individuals) requirements. Please utilize designated seats and maintain appropriate spacing between students. Please do not move desks or stations.
- Sanitizing supplies are available in the classroom if you wish to wipe down your desks prior to sitting down and at the end of the class.
- Follow your instructor's guidance on how to enter and exit the classroom. Practice physical distancing to the extent possible when entering and exiting the classroom.
- If you are experiencing COVID-19 symptoms ([Click here for guidance from the CDC on symptoms of coronavirus](#)), please use the UF Health screening system and follow the instructions on whether you are able to attend class. [Click here for UF Health guidance on what to do if you have been exposed to or are experiencing Covid-19 symptoms](#).
 - Course materials will be provided to you with an excused absence, and you will be given a reasonable amount of time to make up work. [Find more information in the university attendance policies](#).

2. For online course with recorded materials a statement informing students of privacy related issues such as:

Our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice

recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

Online Course Evaluation Process:

Student assessment of instruction is an important part of efforts to improve teaching and learning. At the end of the semester, students are expected to provide feedback on the quality of instruction in this course using a standard set of university and college criteria. These evaluations are conducted online at <https://evaluations.ufl.edu>. Evaluations are typically available for students to complete during the last two or three weeks of the semester; students will be notified of the specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results>

Academic Honesty:

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: *"We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity."* You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: *"On my honor, I have neither given nor received unauthorized aid in doing this assignment."*

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/sccr/process/student-conduct-honor-code>.

Software Use:

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

Services for Students with Disabilities:

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic

accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues.

Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation

Rm 0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc

Campus Helping Resources:

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university's counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

Health and Wellness

U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit [U Matter, We Care website](#) to refer or report a concern and a team member will reach out to the student in distress.

Counseling and Wellness Center: [Visit the Counseling and Wellness Center website](#) or call 352-392-1575 for information on crisis services as well as non-crisis services.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or [visit the Student Health Care Center website](#).

University Police Department: [Visit UF Police Department website](#) or call 352-392-1111 (or 9-1-1 for emergencies).

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; [Visit the UF Health Emergency Room and Trauma Center website](#).

Academic Resources

E-learning technical support: Contact the [UF Computing Help Desk](#) at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

[Career Connections Center](#): Reitz Union Suite 1300, 352-392-1601.
Career assistance and counseling services.

[Library Support](#): Various ways to receive assistance with respect to using the libraries or finding resources.

[Teaching Center](#): Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

[Writing Studio](#): 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: [Visit the Student Honor Code and Student Conduct Code webpage for more information.](#)

On-Line Students Complaints: [View the Distance Learning Student Complaint Process.](#)

University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575,
www.counseling.ufl.edu

Counseling Services
Groups and Workshops
Outreach and Consultation
Self-Help Library
Wellness Coaching

U Matter We Care, www.umatter.ufl.edu/

Career Resource Center, First Floor JWRU, 392-1601, www.crc.ufl.edu/

Student Complaints:

The University of Florida believes strongly in the ability of students to express concerns regarding their experiences at the University. The University encourages its students who wish to file a written complaint to submit that complaint directly to the department that manages that policy. More information can be found here:

https://www.dso.ufl.edu/documents/UF_Complaints_policy.pdf

Residential Course: <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/>.