

HUN 4936
Topics in Community Nutrition
Fall 2015, 2 credits

Class Meetings: Tuesday 3:00 P.M. - 4:55 P.M.; Rinker Hall 220

Reading assignments for consecutive lectures and discussions will be posted on the course website.

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Course Description:

This course will examine the role of nutrition in promoting, maintaining and improving health in the community. It investigates traditional aspects of the emerging health delivery system, as well as entrepreneurial ventures in wellness. Students will study the financial, legislative, political, sociological, and scientific aspects of public and community health. The community will be presented in US and global perspective.

Prerequisite: HUN2201, Fundamentals of Human Nutrition. Dietetics Students may not take this course in place of DIE3310.

Course Requirement: All students must have an email account and web access.

Course Objectives:

By the end of the course, the student will be able to:

1. Demonstrate effective and professional oral and written communication and documentation.
2. Develop interventions to affect change and enhance wellness in diverse individual and groups.
3. Develop an educational session or program/educational strategy for a target population.
4. Explain the impact of policy and different health care delivery systems on food and nutrition services.
5. Explain the need for sustainable programs in US and globally.

COURSE POLICIES:

Academic Honesty

In 1995 the UF student body enacted a new honor code and voluntarily committed itself to the highest standards of honesty and integrity. When students enroll at the university, they commit themselves to the standard drafted and enacted by students. In adopting this honor code, the students of the University of Florida recognize that academic honesty and integrity are fundamental values of the university community. Students who enroll at the university commit to holding themselves and their peers to the high standard of honor required by the honor code. Any individual who becomes aware of a violation of the honor code is bound by honor to take corrective action. The quality of a University of Florida education is dependent upon community acceptance and enforcement of the honor code.

The Honor Code: We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

On all work submitted for credit by students at the university, the following pledge is either required or implied:
“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

The university requires all members of its community to be honest in all endeavors. A fundamental principle is that the whole process of learning and pursuit of knowledge is diminished by cheating, plagiarism and other acts of academic dishonesty. In addition, every dishonest act in the academic environment affects other students adversely, from the skewing of the grading curve to giving unfair advantage for honors or for professional or graduate school admission. Therefore, the university will take severe action against dishonest students. Similarly, measures will be taken against faculty, staff and administrators who practice dishonest or demeaning behavior. Students should report any condition that facilitates dishonesty to the instructor, department chair, college dean or Student Honor Court. (Source: 2012-13 Undergraduate Catalog)

It is assumed all work will be completed independently unless the assignment is defined as a group project, in writing by the instructor. This policy will be vigorously upheld at all times in this course.

Software Use:

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general wellbeing are encouraged to utilize the university's counseling resources. The new Counseling and Wellness Center merges the previous University Counseling and student mental health centers. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

Service	Location	Phone	Web site	Services provided
University Counseling and Wellness Center	3190 Radio Road	392-1575	www.counseling.ufl.edu	<ul style="list-style-type: none"> ▪ Individual, couple and group counseling ▪ Alcohol and Substance Abuse Program (ASAP) ▪ Center for Sexual Assault / Abuse Recovery & Education (CARE) ▪ Eating Disorders Program ▪ Employee Assistance Program ▪ Suicide Prevention Program
Career Resource Center	CR-100 J. Wayne Reitz Union	392-1601	www.crc.ufl.edu	Career development assistance and counseling

Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. 0001 Reid Hall, 392-8565, www.dso.ufl.edu/drc/.

Other Information: Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests.

UF Religious Observances: PolicyThe UF Religious Holidays Policy is available at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Online Course Evaluation Process: Student assessment of instruction is an important part of efforts to improve teaching and learning. At the end of the semester, students are expected to provide feedback on the quality of instruction in this course using a standard set of university and college criteria. These evaluations are conducted online at <https://evaluations.ufl.edu>. Evaluations are typically open for students to complete during the last two or three weeks of the semester; students will be notified of the specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results>.

HUN 4936 3310 Policies:

Class attendance: For this course to be successful, attendance and teamwork are very important. This course will include many in-class discussions and activities. Therefore, attendance is required and will be taken on a weekly basis. You must be there for the complete two hour session to get full credit for attendance. In addition, if you are more than 15 minutes late, you will be marked absent. Students will be granted **one absence** – no questions asked; all consecutive absentees will result in loss of points.

Class participation: Class participation is required however respect of all individual opinions is crucial.

Communication: This semester we will be using Canvas for course communication. In order to access e-Learning/Canvas course, you must have a Gatorlink account; you can go to the home page <http://lss.at.ufl.edu/> and login using your GatorLink ID. HUN4936 should be listed under “courses.”

Computers and Cell Phones: I realize how important it is to have connections to the outside world, but I would like to use the 2 hours of class as a time to focus on the course material. Please limit your computer use to note taking or internet searching when it relates to the course discussion or team project. Please try to ignore your texts and other messaging until breaks or after class.

Assignments: All assignments are due at the beginning of class. Any assignment that is submitted late will have a 5% per day deduction of points.

Assignments:

Team based:

1. Nutrition education team projects – semester long, team size will depend on course enrolment

Individual:

1. Attendance: Attendance will be taken each week; you will be marked absent if you are more than 15 minutes late.
2. *Weight of the Nation*-This four part documentary by HBO discusses many of the problems and solutions with obesity in our nation. The documentary is available on *YouTube* – you will watch the four parts during the course of the semester and then participate in discussions based on posted questions.
3. Leading class discussion for at least one of the topics assigned by the instructor
4. Participation in all class discussions in a constructive and facts based manner
5. International project in collaboration with students from University of Canberra in Canberra, Australia
6. Public policy activity

Grading:

Team based:

1. Education team project

Individual Based:

1. Participation

2. Attendance

3. Weight of the Nation

4. Discussion leader

5. International project

6. Public policy activity

Total:

Points

100

60

60

1st absence: -20 points; 2nd absence: -30 points; 3rd all points lost

60

Written reports: 4x8 points, discussion 4x7points

60 – removed from the total

60

20

360

Grade Assignment

The University has adopted a new grading policy starting in Summer 2009. Information can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

Letter Grade	Grade Points	Scale %
A	4.0	93.34-100
A-	3.67	90-93.33
B+	3.33	86.68-89.9
B	3.0	83.34-86.67
B-	2.67	80-83.33
C+	2.33	76.68-79.9
C	2.0	73.34-76.67
C-	1.67	70-73.33
D+	1.33	66.68-69.9
D	1.0	63.34-66.67
D-	0.67	60-63.33
E	0.00	59-below

Tentative class schedule

Lecture	Topic	Activity
1	Introduction to course	
2	Community Nutrition	Weight of the Nation Assign.
3	Understanding and building teams	
4		
5	Assessing Community Resources and Program Planning	Semester project - intro
6		WoN discussion part 1 + report Public policy assign. - intro
7	Developing Nutrition Education Lessons	
8		
9	Public Policy	Public policy assign. due
10		
11	Marketing Nutrition and Health Promotion	WoN discussion part 2 + report
12	team work	
13	Effective messages: AIDA model	
14		
15	Addressing main nutritional health issues	
16		
17	Mothers and Infants: US and internationally	International project assign. - intro
18		
19	Programs for other age groups	
20	Healthy Aging: Nutrition Assessment, Services and Programs	
21	Food insecurity US	WoN discussion part 3 + report
22		
no class		
23	Food insecurity globally	International project due
24		
25	Sustainability, US programs	WoN discussion part 4 + report
26		
27	Sustainability, Global programs	Final project dues
28		
29	Presentations	
30		