

COMMUNITY NUTRITION SYLLABUS 2016

CLASS: DIE 3310 2 credits Location: FAC

Faculty:

Instructor: Beth Gankofskie, Ph.D., MS., R.D.

Office location: McCarty D Ground Room 025 C
Phone: (352)273-3471 EMAIL: gankofskie@UFL.edu

Office Hours:

Tuesdays 10 am - 1:00 PM by appointment through Mindy Edwards (student services at Mindy@ufl.edu ;

Wednesday 12 to 3:00 pm walk-in

Thursday 8-11:30 pm

Teaching Assistant:

Kohrine Counts (UF class of 2015)

University of Florida '17- MS/DI Intern

kcoun77@ufl.edu

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K. Counts Office Hours: Tuesday 12:50-2:50 in the grad room in the plant building 2nd floor or By appointment

COURSE WEBSITE: Uses Canvas. To use the site, enter your Net ID username and password. Check the class website often, at least prior to class meeting times for any updates, notices, etc. Class materials, assignments, resources, and announcements will be posted on this website.

REQUIRED TEXT: (2013) Author: Nweze Eunice Nnakwe, *Community Nutrition : Planning Health Promotion and Disease Prevention*. 1st or 2nd. Publisher: Jones and Bartlett.

Additional: outside readings as assigned

Course Description: This course will examine the role of nutrition in promoting, maintain and improving health in the community. It investigates traditional aspects of the emerging health delivery system, as well as entrepreneurial ventures. Students will study the financial, legislative, political, sociological, and scientific aspects of public and community health nutrition.

Prerequisite: HUN 2201, Fundamentals of Human Nutrition. Dietetic Students only!

Course Requirement: All students must have an email account and access to an email account.

Course Objectives:

The following course objectives are based on the "foundation knowledge requirements and learning outcomes for Didactic Programs in Nutrition (DPD) and Dietetics." Accreditation Council for Education in Nutrition and Dietetics (ACEND) Accreditation Standards, 2012.

1. Demonstrate effective and professional oral and written communication and documentation.
2. Develop interventions to affect change and enhance wellness in diverse individuals and groups.
3. Develop an educational session or program/educational strategy for a target population.
4. Explain the impact of a public policy position on dietetics practice.

5. Explain the impact of health care policy and different health care delivery systems on food and nutrition services.

EVALUATION	Percentage Points	
Class attendance and participation	:	13
7 Quizzes (lowest grade dropped)	:	30
Grant assignment		
Read and respond to grant (each student)		10
Grant proposal-preparation		20
Individual grant review (each student)		10
One nutrition educational material assignment		20
Other (3) assignments as assigned(see pg 7)		30
Recitation-presentation grade	:	12
Final exam = final project		20
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Total points for grading		165 points

Course Policies (in short-complete detail can be found listed after the course schedule)

Class participation and timeliness: Attendance and participation will affect your success in this course. Attendance will be taken at the beginning of each class; if you are late or leave early, you will be counted absent. Attendance grade will be based on the total number of classes minus one. Attendance grades will not exceed 100%; i.e., if you attend all classes (or all but one), you will receive 100%.

Grading on Canvas is not a student's FINAL grade. Please be aware that Canvas grading is used to offer a general update on graded assignments. The grade on the Canvas site may not accurately reflect all progress in completing the course. Attendance and class participation may not be reflected in the grade.

All assignments must be typed, written at the appropriate level and format (structure, flow, correct grammar, etc.), using **AMA style format** and must be turned in on the date they are due. If you are late to turn in an assignment, **20%** will be deducted for each day of delay. In case of an emergency or sickness, you will need to provide written evidence (physician's note, accident report, etc.) to avoid the late penalty. If you miss a quiz, it will automatically be your drop grade. **There are no make-ups.** This class meets 1 time each week and the pace can be rigorous. More than 1 missed quiz will result in a cumulative final exam for those students only.

Courtesy: Please turn off your cell phones during class; if you are expecting a very important call (e.g., doctor's appointment or family emergency), set it to vibrate. Instructor reserves the right to change the schedule for lectures, assignments and exams. If a class is canceled due to inclement weather, assignments or exams will be due/given during the next class. Any questions or problems should be brought to the attention of Dr. Gankofskie prior to the assignment or exam due date.

SCHEDULE OF CLASSES

Week	Reading before class	Monday	Working forward
#1	Jan 11	Jan 11 Introduction to community nutrition	Library: text on reserve at Marston Library

Week	Reading before class	Monday	Working forward
	Chapter 1: Nnakwe, N.E., (2013) Community Nutrition: Planning Health Promotion and Disease Prevention. 2 nd ed.	Syllabus Review NOTE: Quiz is on information provided in previous class and required readings. Not cumulative	
#2	No Class MLK Day		
#3	Jan 25 Ch. 2	Jan 25 Nutrition Screening and Assessment	QUIZ 1 (chapter 1)
#4	Feb 1 Ch. 4 and 6	Feb 1 US monitoring of food assistance programs and public policy views	QUIZ 2
#5	Feb 8 Ch.5	Cultural influences on community nutrition	
#6	Feb 15 Ch. 12	Feb 15 Principles of planning in community nutrition	QUIZ 3
#7	Feb 22 Ch. 13	Feb 22 Theories and Models for behavior change	
#8	Spring Break Feb 27-March 6		
#9	Mar 7 Ch. 14	Mar 7 Grantsmanship skills	QUIZ 4 Grant writing
#10	Mar 14 Ch. 16	Mar 14 Principles of Nutrition Education	

Week	Preparation	Monday	
#11	Mar 21 Chapters 8 + 9	Mar 21 Nutrition from infancy to adolescence overview	QUIZ 5
#12	Mar 28 Chapters 10 + 11	Mar 28 Nutrition in adulthood and geriatric nutrition overview	QUIZ 6

Week	Preparation	Monday	
#13	April 4 Ch. 17	Apr 4 Marketing nutrition programs	QUIZ 7
#14	Apr 11 Student presentations	Apr 11 Student presentations	Student lead presentations
#15	Apr 18 Student presentations	Apr 18 Student presentations	Student lead presentations
#16	Apr 27 (27C) Exam: TBA/D		Final Project due on exam day at 12:00 noon

The University grading policy can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx> .

The dietetics program has adopted the plus-minus grading scale for all DIE courses. The grade scale is as follows:

Letter Grade	Grade Points	Scale	Points
A	4.0	93.34-100	420-450
A-	3.67	90-93.33	405-419
B+	3.33	86.68-89.9	390-404
B	3.0	83.34-86.67	375-389
B-	2.67	80-83.33	360-374
C+	2.33	76.68-79.9	346-359
C	2.0	73.34-76.67	330-345
C-	1.67	70-73.33	315-329
D+	1.33	66.68-69.9	300-314
D	1.0	63.34-66.67	285-299
D-	0.67	60-63.33	270-284
E	0.00	59-below	Below 270

Academic Learning Compacts

The University of Florida has mandated that each major will have an academic learning compact that describes the communication, critical thinking and knowledge for each student after program completion. You can read more about them on the website

<https://catalog.ufl.edu/ugrad/current/agriculture/alc/food-science-and-human-nutrition-dietetics.aspx> .

Software Use:

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate. This includes

using the UF logo or any promotional content from the University of Florida. Think and ask before you push the “send” button.

Absences and Make-Up Work

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Academic Honesty

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.”

You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: ***“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”***

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/SCCR/honorcodes/honorcode.php>.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university’s counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

- *University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575, www.counseling.ufl.edu/cwc/*
 - Counseling Services
 - Groups and Workshops
 - Outreach and Consultation
 - Self-Help Library
 - Training Programs
 - Community Provider Database
- *Career Resource Center, First Floor JWRU, 392-1601, www.crc.ufl.edu/*

Services for Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation

services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation

0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc/

Other Information: Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests. Also, no electronic sharing of tests/quizzes/ prepared lecture notes, etc. via social media and other methods. All these materials are the property of UF (and the instructor) and should not be displayed outside of Canvas for those students enrolled and using the resource.

DPD Policy (found in DPD Student Handbook 2015 at <http://fshn.ifas.ufl.edu/dietetics/undergraduate/home.shtml>):

- *Attendance is required for all DIE courses. Attendance will be taken at the beginning of each class. Excused absence will only be granted for the following reasons:*
 - *Death in the family as documented by a dated obituary.*
 - *Illness or hospitalization as documented by a physician's note related to that illness (vague notes such as "was seen" are not acceptable).*
 - *Religious holiday as documented by a written statement to the professor before the holiday.*
 - *Professional/graduate school interviews with documentation of interview letter and travel arrangements.*
 - *Accident as documented by a copy of the police report.*

Only students with excused absences will be allowed to make up the original work or suitable alternative if an exam or in-class assignment is missed. Absence from class will result in (penalty as determined by faculty member) unless there are unavoidable extenuating circumstances subject to the faculty member's discretion that can be documented to the faculty member's satisfaction.

- *Tardiness is unacceptable in the workplace and is also not appropriate in the classroom. It shows disrespect for the professor, other students in the class and the course content. Students who are tardy (as defined by the professor in each class) will be penalized according to the policy established for that class.*
- *Viewing a computer, phone, tablet or any other technology related device during class, unless recommended by the instructor, is a distracted attendance behavior and will lower your attendance and/or participation grade.*

Course Policies:

Class attendance: Attendance and being on time are **mandatory**; you are learning skills that cannot be learned outside of the class/group setting. Attendance will be taken weekly at the beginning of class and will be assigned points for the final grade. **If you are more than 5 minutes late, you will not receive attendance credit.**

Class participation: Class participation is required in this DIE class. You are expected to participate in the exploration of products unless you are excused for a medical or religious reason.

Communication: We will be using UF Canvas for course communication, including announcements, assignments, and resources. Group discussion boards can also be set up for group communications.

Smart phone/cell phone/computer use in class: All of us love our smart phones, etc. and use them constantly to keep in touch with friends and what is going on outside of the classroom. My goal is to have our class time dedicated to the course. If you need to access something on your computer or phone that pertains to the class that we are having, feel free!! Please refrain from texting your friends, checking your Facebook page or surfing the web (I do notice and it does effect participation grades).

Change of Assignments: The instructor reserves the right to change the lecture to correspond with guest speakers and pace of student learning outcomes. Check Canvas and in class announcements each week to be sure material and assignments are as scheduled. It is the student's responsibility to be aware of announcements.

Explanation of assignments for 2016

Assignment 1: research and review the definition of food pantry and food bank. Visit the UF Field and Fork Food Pantry. Complete Field Experience worksheet for food pantry.

List of Gainesville area food pantries at this link:

http://www.suntopia.org/gainesville/fl/food_pantries.php

Field And Fork Food Pantry
No reviews · Social Services Organization
520 Newell Dr (University of Florida)
Open until 6:00 PM

List of Gainesville area food banks:

Each student should visit one food bank and complete a field experience worksheet

Bread of the Mighty Food Bank
1 review · Food Bank
325 NW 10th Ave · (352) 336-0839
Open until 4:00 PM

Gainesville Community Ministry
1 review · Food Bank
238 SW 4th Ave · (352) 372-8162
Open until 2:45 PM

Assignment 2: is an *all class* field trip to the Alachua County Public School Food Hub. (Date to be announced). Complete Food Hub worksheet.

Assignment 3: A needs assessment for community nutrition education. The community nutrition entity will be assigned. As in Gainesville Geriatric Nutrition-needs assessment.

UF Sports Nutrition Program: needs assessment