

COMMUNITY NUTRITION SYLLABUS 2015

CLASS: DIE 3310

Faculty:

Beth Gankofskie, Ph.D., R.D.

Instructor

Office location:

McCarty D Ground Room 025

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Office Hours: Tuesdays 10- 1:00 PM by appointment; Wednesday 12 to 4:00 pm walk-in and Thursday 1 to 2:00 before class meetings.

Teaching Assistant: Nicole C. Agro

University of Florida '16- MS/DI Intern

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Office Hours: By appointment

COURSE WEBSITE: Uses Canvas. To use the site, enter your NetID username and password. Check the class website often, at least prior to class meeting times for any updates, notices, etc. Class materials, assignments, resources, and announcements will be posted on this website.

REQUIRED TEXT: Boyle MA, Holben DH. (2010) Community Nutrition in Action, An Entrepreneurial Approach. 5th Edition. Thomson & Wadsworth.

Course Description: This course will examine the role of nutrition in promoting, maintain and improving health in the community. It investigates traditional aspects of the emerging health delivery system, as well as entrepreneurial ventures in wellness. Students will study the financial. Legislative. Political, sociological, and scientific aspects of public and community health.

Prerequisite: HUN 2201, Fundamentals of Human Nutrition. Dietetic Students only!

Course Requirement: All students must have an email account and access to an email account.

Course Objectives:

The following course objectives are based on the "foundation knowledge requirements and learning outcomes for Didactic Programs in Nutrition and Dietetics." Accreditation Council for Education in Nutrition and Dietetics (ACEND) Accreditation Standards, 2012.

1. Demonstrate effective and professional oral and written communication and documentation.
2. Develop interventions to affect change and enhance wellness in diverse individuals and groups.
3. Develop and educational session or program/educational strategy for a target population.
4. Explain the impact of a public policy position on dietetics practice.
5. Explain the impact of health care policy and different health care delivery systems on food and nutrition services.

EVALUATION

	Percentage Points
Class attendance and participation	: 15
6 Quizzes (lowest grade dropped)	: 25
Grant assignment	: 10
Two educational material assignments	: 20
Other (4) assignments	: 25
Recitation-presentation grade	: 10
Final exam	: 10

A :	90-100
B+:	85-89
B:	80-84
C+:	75-79
C:	70-74
D:	60-69
F:	59 or less

Course Policies (in short-complete detail can be found listed after the course schedule)

Class participation and timeliness: Attendance and participation will affect your success in this course. Attendance will be taken at the beginning of each class; if you are late or leave early, you will be counted absent. Attendance grade will be based on the total number of classes minus one. Attendance grades will not exceed 100%; i.e., if you attend all classes (or all but one), you will receive 100%.

All assignments must be typed, written at the appropriate level and format (structure, flow, correct grammar, etc.), using **AMA style format** and must be turned in on the date they are due. If you are late to turn in an assignment, **20%** will be deducted for each day of delay. In case of an emergency or sickness, you will need to provide written evidence (physician’s note, accident report, etc.) to avoid the late penalty. If you miss a quiz, it will automatically be your drop grade. **There are no make-ups.**

Courtesy: Please turn off your cell phones during class; if you are expecting a very important call (e.g., doctor’s appointment or family emergency), set it to vibrate.

Instructor reserves the right to change the schedule for lectures, assignments and exams. If a class is canceled due to inclement weather, assignments or exams will be due/given during the next class.

Any questions or problems should be brought to the attention of Dr. Gankofskie prior to the assignment or exam due date.

SCHEDULE OF CLASSES

Week	Reading before class	Thursday	Working forward
#1	Jan 8 Group selection for American nutrition culture assignments	Jan 8 Introduction to community nutrition Determinants of nutrition- and health-related behaviors	Introduction to literature reviews Literature review for selected culture. At the Library
#2	Jan15 Nutrition, health and culture	Jan 15 Nutrition, health and culture – health disparities	Literature review for selected culture At the Library
#3	Jan 22 Needs assessment and nutritional epidemiology	Jan 22 nutritional epidemiology Food Guidance System – Dietary Guidelines QUIZ 1	My pyramid lesson & practice At the Library
#4	JAN 29 Assignment 1: Cultural foods prep presentations & paper due	Jan 29 Assignment 1: Cultural foods Group A presentations & paper due	Healthy People 2010 Grant writing
#5	Feb 5 Assignment 1:Cultural foods pre presentations & paper due	Feb 5 Quiz 2 Assignment 1: Cultural foods Group B presentations & paper due	Grant writing
#6	Feb 12 National Nutrition Monitoring Prep for Assignment 2 (eating & activity log)	Feb 12 National Nutrition Monitoring Assignment 2 (eating & activity log due) Community nutrition and public policy	Grant writing

Week	Reading before class	Thursday	Working forward
		Guest Speaker TBA	
#7	Feb 19 Read :Designing community nutrition interventions	Feb 19 QUIZ 3 Educational methods and developing behaviorally focused lessons for groups Guest Speaker TBA	Grant writing
#8	Feb 26 Read: Creating educational materials for low literacy audiences	Feb 26 Community nutrition programs Dr. Debra Palmer Keenan Assignment 3 (Grant) due	Low literacy writing workshop-Turn in the final document to be graded (Assignment 4)

Week	Preparation	Thursday	Practicum
2/28 3/7	SPRING BREAK	SPRING BREAK	SPRING BREAK
#10	Mar 12 Read: Social marketing	Mar 12 Current issues: Obesity and diabetes	Lesson/material development assignments 5 and 6
#11	Mar 19 Read: Herbal supplements	Mar 19 QUIZ 4 Tools of the Trade: RDAs/RDIs; Food Labels Guest Speaker TBA	Lesson/material development
#12	Mar 26 Read: Food insecurity and hunger	Mar 26 Health, disease, & socioeconomic factors	Lesson/material development
#13	Apr 2 Work on Assignment 5&6 (educational material) presentation group A	Apr 2 QUIZ 5 Assignment 5&6 (educational material) presentation for specific audience.	School wellness policy
#14	Apr 9 Assignment 5&6 (educational material) presentation –Group B	Apr 9 Assignment 5&6 (educational material) presentation for specific audience.	Policy review & discussion
#15	Apr 16 Health promotion Assignment 7 due	Apr 16 Quiz 6 Review and future directions	Public policy, professional organizations
	Exam: TBA		

The University grading policy can be found at <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx> .

The dietetics program has adopted the plus-minus grading scale for all DIE courses. The grade scale is as follows:

Letter Grade	Grade Points	Scale	Points
A	4.0	93.34-100	420-450
A-	3.67	90-93.33	405-419
B+	3.33	86.68-89.9	390-404
B	3.0	83.34-86.67	375-389
B-	2.67	80-83.33	360-374
C+	2.33	76.68-79.9	346-359
C	2.0	73.34-76.67	330-345
C-	1.67	70-73.33	315-329
D+	1.33	66.68-69.9	300-314
D	1.0	63.34-66.67	285-299
D-	0.67	60-63.33	270-284
E	0.00	59-below	Below 270

Academic Learning Compacts

The University of Florida has mandated that each major will have an academic learning compact that describes the communication, critical thinking and knowledge for each student after program completion. You can read more about them on the website <https://catalog.ufl.edu/ugrad/current/agriculture/alc/food-science-and-human-nutrition-dietetics.aspx> .

Software Use:

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate. This includes using the UF logo or any promotional content from the University of Florida. Think and ask before you push the “send” button.

Absences and Make-Up Work

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Academic Honesty

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge:

“We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.” You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: *“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”*

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code.

Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <http://www.dso.ufl.edu/SCCR/honorcodes/honorcode.php>.

Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university's counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

- *University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575, www.counseling.ufl.edu/cwc/*
 - Counseling Services
 - Groups and Workshops
 - Outreach and Consultation
 - Self-Help Library
 - Training Programs
 - Community Provider Database
- *Career Resource Center, First Floor JWRU, 392-1601, www.crc.ufl.edu/*

Services for Students with Disabilities

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation

0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc/

Other Information: Lecture material and information are the property of the University of Florida and the course instructor and may not be used for any commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests.

DPD Policy (found in DPD Student Handbook 2013 at <http://fshn.ifas.ufl.edu/dietetics/undergraduate/home.shtml>):

- *Attendance is required for all DIE courses. Attendance will be taken at the beginning of each class. Excused absence will only be granted for the following reasons:*
 - *Death in the family as documented by a dated obituary.*
 - *Illness or hospitalization as documented by a physician's note related to that illness (vague notes such as "was seen" are not acceptable).*
 - *Religious holiday as documented by a written statement to the professor before the holiday.*
 - *Professional/graduate school interviews with documentation of interview letter and travel arrangements.*
 - *Accident as documented by a copy of the police report.*

Only students with excused absences will be allowed to make up the original work or suitable alternative if an exam or in-class assignment is missed. Absence from class will result in (penalty as determined by faculty member) unless there are unavoidable extenuating circumstances subject to the faculty member's discretion that can be documented to the faculty member's satisfaction.

- *Tardiness is unacceptable in the workplace and is also not appropriate in the classroom. It shows disrespect for the professor, other students in the class and the course content. Students who are tardy (as defined by the professor in each class) will be penalized according to the policy established for that class.*

Course Policies:

Class attendance: Attendance and being on time are **mandatory**; you are learning skills that cannot be learned outside of the class/group setting. Attendance will be taken weekly at the beginning of class and will be assigned points for the final grade. **If you are more than 5 minutes late, you will not receive attendance credit.**

Class participation: Class participation is required in this lab class. You are expected to participate in the preparation and tasting of products unless you are excused for a medical or religious reason.

Communication: We will be using UF Canvas for course communication, including announcements, assignments, and resources. Group discussion boards can also be set up for special event communications.

Smart phone/cell phone/computer use in class: All of us love our smart phones, etc. and use them constantly to keep in touch with friends and what is going on outside of the classroom. My goal is to have our class time dedicated to the course. If you need to access something on your computer or phone that pertains to the class that we are having, feel free!!

Please refrain from texting your friend about your evening plans, checking your Facebook page or surfing the web for some good looking to do for the weekend (I do notice and it does effect participation grades).

Change of Assignments: The instructor reserves the right to change the lecture to correspond with guest speakers and pace of student learning outcomes. Check Canvas and in class announcements each week to be sure material and assignments are as scheduled. It is the student's responsibility to be aware of announcements.