A note from Dr. Susan Percival, Professor and Interim Chair:

On April 27, I accepted the position of Interim Chair of the Food Science and Human Nutrition Department. I’m excited about my new role in helping FSHN become an even stronger presence on this campus, in the state of Florida, and globally.

First and foremost, I want to thank all the friends, alumni, and supporters of the FSHN Department. We value our relationship with you and look forward to working on new opportunities in the future. We could not be the premier program that we are without you.

Despite the budgetary challenges that we currently face, FSHN is working hard to continue to produce cutting-edge research and educational opportunities for our students, as well as the highest-quality extension services to our constituents. We are currently the largest department in the College of Agricultural and Life Sciences (#1 in undergraduate student numbers!) and perhaps one of the largest in the nation.

Our aim is not only to educate our undergraduate and graduate students about their respective fields, but to also prepare them to go out into the world as young professionals with…

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FSHN Alumni at ABC Research Laboratories

ABC Research Corporation, Inc. has employed many of our alumni over the years, so we set out to interview some of them. We are thrilled to have also successfully coerced the owner of ABC to contribute to this article. He said:

“My name is Eric Graves and I am the CEO and owner of ABC Research Laboratories. I am responsible for creating the opportunity for all ABC’ers to be successful. I am not a Gator, but my daughter is! I am originally from the Chicago area and earned my undergraduate degree at Northwestern University and my MBA from the University of Chicago Booth School of Business. I have been associated with ABC in various capacities since 2004, and I was fortunate enough to acquire the company in 2011.

ABC Research Laboratories has been around for about 45 years and throughout those years many a Gator has walked the halls, among other things! Our food testing laboratory near campus, just north of the intersection of Archer Road and 34th Street, has done some interesting projects and analyses over the years and the work just keeps on coming. Our food scientists, chemists and microbiologists continue to improve our ability to serve our clients.

We have about 90 scientists dedicated to providing one of the broadest food testing regimens in the U.S. We are an ISO 17025 accredited laboratory, so our clients can be confident that our results are above reproach. Although we work extremely hard to keep those clients happy, we all try to keep our workplace culture fun and upbeat. Laughing and open discussion about any topic are strongly encouraged!

The FSHN team has been a tremendous resource for ABC over the years and our relationship continues to strengthen as time passes. Our team of 90 scientists consists of about 80 Gators, and a large number of those are FSHN alumni. We find that FSHN graduates offer an incredible skill set that our clients continue to value highly. Also, our FSHN alums are well balanced, fun-loving people with a strong work ethic. Those attributes fit the ABC culture perfectly and anyone who visits our laboratory, I believe, can feel that vibe. Our team continues to take ABC to new scientifically significant levels of achievement by carefully monitoring new technologies. This reinforces our reputation in the industry and provides continuous business improvement.”

We also spoke to Chief Scientific Officer Dr. Gillian (Folkes) Dagan. Dr. Dagan received her BS in…”

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Alumni Updates

Celia Lynch (BS, 2010) has been accepted to the UF MS Food Science program (fall 2012) after fulfilling a year-long co-op with PepsiCo R&D. For summer 2012, she will work with Publix R&D in the bakery department, assisting with all parts of the creation process, from farm to fork.

Suzanna (Bonard) McAninley (BS, 2008; MS, 2011) and Alicia Millan-Morales (BS 2012) were both accepted to UF’s College of Dentistry.

Anghela Paredes (BS, 2009; MS, 2011) has been accepted to medical school at the Univ of Illinois.

Paul Miller (BS, 2012) is now the Director of Food Safety for Pioneer Growers in Belle Glade, Florida.

Jamie Stolarz, RD (BS, 2009; MS, 2011) won one of two national first place prizes (main dishes category) in the Chiquita Ultimate Banana Recipe Contest. Her winning recipe was banana coconut chicken tenders with orange marmalade sauce, which earned her $500 in cooking classes and a Chiquita gift basket. Jamie is now the Program Coordinator for the US Department of Veterans Affairs pilot program “Still Serving: Vet to Vet Meals at Home” in Gainesville.

Nick Kretchman (BS, 2001) is Program Manager for Strategic Priorities at Coca-Cola’s Global R&D and Juice Center in Apopka, Florida.

Kelly Brown (BS, 2012) was selected for a sensory internship with Diageo, a multinational alcohol company, and will go on to pursue her MS in Food Science.

Lordwige Atis (BS, 2012) is now a Quality Supervisor for Kerry Flavour & Ingredients.

Julie Spiker (BS, 2011) just accepted a job with Bayfront Medical Center, a trauma and teaching hospital in St. Pete, and will start work after she finishes her dietetic internship in June.

Yun-Pai “Paul” Lai (BS, 2007; MS, 2010) is now a QA Sensory Analyst for Sorrento Lactalis in Buffalo, NY.

Christina Vargas (BS, 2007) is currently completing a master’s degree in Applied Physiology & Kinesiology, and will then attend medical school at Nova Southeastern Univ in fall 2012.

Congratulations!

Saad Sebbana (BS, 1999; MS, 2001) and his wife Amina welcomed baby boy Yusuf Adam into the world on May 27.

Dr. Jorge Cardona Ponce (MS, 2007) and Dr. Thelma Calix (MS, 2008) married in August, 2010. They are both faculty members at Zamorano Univ in Honduras.

Baby girl Addison Marie joined alumnus Brad Jahnke (BS, 2005; MS, 2007) and his wife Adriane on March 23 of this year.

Paul Catcott (BS, 2008) and his wife Rachel welcomed their new little boy, Braeden William, on April 12.

Dr. Ilicia (Shugarman) Schlossman (BS, 2002) and her husband Scott had a baby boy, Landon Jacob, last September 29. Dr. Schlossman is about to complete her residency in Internal Medicine in Gainesville, and will next start a fellowship in oncology.

Dr. Youngmok Kim (MS, 2005) and his wife Dr. Sunghee Ahn (UF Psychology grad) had a daughter named Hannah, born March 21. Dr. Kim is a Senior Research Scientist at Synergy Flavors in Cincinnati, Ohio.

Dr. Pam McMahon (Senior Lecturer) has a new grandson, Cassius Owen McMahon, who joined his older sister Virginia on January 29, 2012.

Dr. Sue Percival (Interim Chair and Professor) also has a new grandson: Jayson King Jordan joined the world (and his big brother Orion) on December 12, 2011.
Nutritional Sciences Shines at Experimental Biology

A number of FSHN faculty, students, and alumni attended this year’s Experimental Biology meeting in San Diego. Our students presented some very impressive research, and Sukru Gulec (MS Student) was a finalist in the ASN Graduate Student Research Award competition (see page 8 for more details). Dr. Bob Cousins (Professor & Eminent Scholar) and Dr. Moon-Suhn Ryu (MS, 2007; PhD, 2011; post-doc at Columbia Univ) participated in a session and Q&A panel discussion about mentoring graduate students. Also, Dr. Cousins and the Center for Nutritional Sciences sponsored a table at the American Society for Nutrition’s University Mixer. There was a very nice turnout at that event, where we handed out free Gator tote bags, stickers, and more. We hope to see you at next year’s EB meeting in Boston!

FSHN, Excelling at College Bowl

Congratulations to the 2011-2012 FSHN College Bowl Team on winning 2nd place in regional competition in Baton Rouge this March. This was UF’s best finish in 27 years of competing, and it was a very close match. Next year…..!
Doctor Gives Credit to FSHN and the US Army for her Success

Dr. Jennie Brown (BS, 2007) decided to major in Dietetics because she knew she wouldn’t get much nutrition information in medical school. She told us, “I loved this major and would do it all over again if I had a chance. It was extremely practical and I truly enjoyed learning about the interface between nutrition and disease.” She noted that the FSHN Dietetics program helped her to become a better educator. It was as a Dietetics undergrad that she came to realize that people don’t always understand what health care professionals tell them; something she now keeps in mind while she’s with her patients.

After graduating with her medical degree from Florida State University, Dr. Brown was stationed at Ft. Lewis in Tacoma, Washington at the Madigan Army Medical Center. She is currently an intern in family medicine as well as a Captain in the US Army. She said she chose family medicine because it was diverse and she enjoys working with people of all ages, but that she may consider a fellowship in sports medicine at some point in the future.

Dr. Brown originally discovered her love of medicine at the age of twelve. She broke her leg, and in the course of her treatment became fascinated with orthopedics. Now, she says the best part of her job is being able to make a real difference in people’s lives. Whether it’s comforting someone with happier news than they had expected, saving a life in the ER, doing some simple preventative medicine, or just listening, she truly loves her job. This is despite the fact that she works, on average, eighty hours a week!

One of Dr. Brown’s best experiences so far as a doctor was when she got to deliver a baby on her own birthday. She noted that she was unsuccessful, however, at convincing the parents to name their new daughter after her.

When asked for advice to pass along to current pre-health students, Dr. Brown said that it’s important to: “be in the right place at the right time in the right uniform with the right attitude.” She added that having the right attitude is definitely the most important component and urged students to stay positive and cultivate a genuine enthusiasm for learning new things. Dr. Brown gives a great deal of credit to her Army training for helping her achieve her goals.

Aside from career advice, Dr. Brown also encourages current students to make time for the things about which they are passionate, whether that’s family, friends, or even hobbies. Dr. Brown is thoroughly enjoying living in the Pacific Northwest and looking forward to more outdoor activities this summer, especially hiking, backpacking, and camping in the mountains.

Dr. Brown says her favorite memories of UF involve watching football games with thousands of her closest Gator friends. She added, “Regardless of where I went to medical school, I am still a die-hard Gators fan and wear my orange and blue as proudly as my camouflage.”

Dietetics Students Help Local Children Learn to Go Green

This March, our Dietetics juniors visited Williams Elementary School in Gainesville as a project for their Community Nutrition class, hosting a fruit and vegetable tasting and promoting sustainability as part of the school’s Green Week celebration. They urged the kids to make a “green” pledge to eat healthier, start a garden, and recycle. Because many young children have not been exposed to a wide diversity of fruits and vegetables, they are much less likely to eat them. Having the children grow their own food and allowing them to taste a greater variety of foods helps them to become more open-minded about eating fresh vegetables and fruits.

We’re proud of our Dietetics undergraduates and their dedicated efforts to educate our local community about better nutrition and health.

Dear Graduates of FSHN,

You are cordially invited to share your real world experiences with a new crop of FSHN graduate students! If you’re going to be in Gainesville during the fall 2012 semester and would like to participate, please contact me at percival@ufl.edu. I look forward to hearing from you,

Sue Percival, Interim Chair and Professor
FSHN Saddened by Loss of Long-time Friend Neha Patel

FSHN alumna Neha Pravin Patel was born on August 16, 1983 and passed away unexpectedly on January 14, 2012. She was just 28 years old.

Neha grew up in Ocala, Florida, helping with her family’s business, Laxmi Catering Service. As a Dietsetics major in FSHN, Neha was an active member of both the Gainesville District Dietetic Association and the FL Section of the Institute of Food Technologists (IFT), served as a volunteer for two local hospitals, and donated her time to various school and community projects. She was also extremely active in the FSHN Club, and was elected its President in 2005. Neha graduated in May 2006 with a minor in Health Science Education. Anyone who knew Neha could tell you that she was a loyal Gator fan – she truly loved everything about UF.

After Neha completed her internship with the Pasco County Health Department in Palm Beach, FL, she passed the registration exam to become a Registered Dietitian (RD). Most recently, she worked for North Central Florida WIC in Gainesville, FL. In that position, she provided nutritional counseling and educational services to pregnant and post-partum women, both in clinics and in the community; developed nutrition care plans and therapies based on individual medical, cultural, and financial status; coordinated outreach activities at local health fairs; and trained new employees. Neha was dedicated to helping prevent premature births and increasing the survival rate of premature babies, and she worked hard to raise money for her favorite charitable organization, the March of Dimes.

In 2009, Neha was elected as a Member at Large for FL Section IFT’s Executive Board and put a great deal of her own time and energy into helping FL Section stay successful. Last year, Neha was named Outstanding Section Volunteer by national IFT in recognition of all her hard work.

In addition to her service to FL Section, Neha was a dedicated alumni volunteer for the UF FSHN Department. At national IFT meetings, she helped FSHN with our booth on the Expo floor. Every fall she showed up early to FSHN’s alumni tailgate on the UF campus, volunteering for everything from cutting up vegetables to putting up tents to taking out the trash. She even gave back to the FSHN Club, attending socials and fundraisers and donating her own money for various projects. Neha was always eager to raise her hand to volunteer for FSHN, usually before anyone asked.

Neha planned to pursue a master’s degree in Food Science, and was researching new career paths that might allow her to combine her two great passions: helping people live healthier through better nutrition and exploring her fascination with the science behind the food we eat. Her untimely death deprives us of a smart, talented professional who would have gone on to do many great things. But even more tragically, it also deprives us of a wonderful person. Neha was kind, generous, loyal, and very creative. She adored her family, enjoyed cooking and socializing with friends, and loved cheering on the Gators. She had a fabulous sense of humor and a positive, energetic outlook on life.

Sarah Cruz (BS, 2006) said: “When I think of her (and I think of her often) I am always struck by how full of life, upbeat, and giving she was to everyone around her. She was truly one of the most unselfish people I have ever had the opportunity to know.”

Danielle (Bogan) Raley (BS, 2005; MS, 2007) added: “I have never met anyone so selfless, caring, sincere, heartfelt and hardworking. She was such a great friend and confidante. I am so sorry that she never got to meet my wonderful son and he never got to thank her personally for all the hard work she devoted to premature babies like him. I will miss her terribly, and my heart goes out to her family and friends.”

Neha is survived by her parents, Pravin and Hernsa Patel, her two older sisters, Nila and Pravina, and her niece Diya. Condolences may be sent to: Pravin R. and Hernsa P. Patel, 4210 SW 55th Avenue, Ocala, FL, 34474.

Anyone wishing to donate money in Neha’s honor is encouraged to consider the March of Dimes. The FSHN Club March of Dimes team raised a record $1,170 in her name this spring. In this small way, we hoped to honor the memory of this amazing young woman.
Caught in the Act

Send us your photos of FSHN alumni and friends at work or at play! Contact information is located on page 2.

This spring, Haiyan “Olivia” Liu (MS, 2011; PhD Student) escaped from the lab just long enough to spend some quality time in the sun with… a giant cow!

L-R: Michelle Zitt (MS/DI Student) and Greg Guthrie (PhD Student) ran a half-marathon with Dr. Anne Mathews (Asst Professor); Dr. Mathews’ daughter Addison helped celebrate.

Virgilia “Vigi” Zahala (BS, 2011), enjoying the Miami skyline at night. Vigi is pursuing her MSPH-RD degree at Johns Hopkins Univ Bloomberg School of Public Health.

L-R: Professor Emeriti Dr. Ron Schmidt and Dr. Bob Bates were coerced into helping Janna Underhill (News & Views Editor) renovate her kitchen. They’re quite handy!

Kristina (Powe) Gregory (BS, 2010) at the beach with her very hip son, Elijah. Kristina and her husband Anthony welcomed Elijah into the world last summer.

Huy Huynh (BS, 2007; MS, 2009) took a much-deserved break from dental school this spring to spend some quality time with Albert at a Gator basketball game.

Marisol “Nabila” Gomez (BS, 2010), visiting Formentera (part of the Balearic islands in Spain). She is currently attending optometry school at Nova Southeastern Univ.

Fredreana Hester (BS, 2012), who was seen showing Albert some true Gator love on graduation weekend, will pursue her MS in Food Science at Alabama A&M Univ.

Dr. Chander Sharma (PhD, 2011), an Assistant Professor of Poultry Science at Mississippi State Univ, took his son Shivank to NYC’s Times Square for New Year’s Eve.

It appears that Jyotsna (Nooji) Rao (MS, 2011) had a little trouble with her pet gorilla this spring.

Tonya (Johnson) Pippin (BS, 2000) was captured hanging out with the Dos Equis beer spokesman, aka “The Most Interesting Man in the World,” on Cinco de Mayo.

Lauren Hill (BS, 2010), a Clinical Dietitian at Bay Pines VA Medical Center, is a fashionable Gator even when she’s out fishing near Islamorada.
ABC, cont. from page 1

Food Science with a minor in Business Administration in 2000, and her PhD in Food Science with a minor in Food and Resource Economics in 2004. She has worked for ABC since 2004 and was recently promoted to Chief Scientific Officer.

Dr. Dagan told us, “I feel very fortunate to be a part of ABC Research Laboratories. Not only do I get to use my Food Science degrees every day, but I’m also constantly learning. Working for a contract lab puts you in a very unique position – we deal with all types of foods, beverages, and botanicals and we interface with processors, lawyers, government agencies, developers, and chefs. Each day is an adventure. I also know how lucky I am to work with such an amazing group of people. We have a strong culture that promotes open communication and team work. We take our work seriously but not at the expense of having a really fun workplace. There aren’t too many places where you can discuss the FDA’s position on nutraceuticals in the morning and challenge the boss to a game of beanbag toss in the afternoon. ABC is a great place to be.” Dr. Dagan and her husband have a little girl named Ava who will be two this fall.

We also talked to Larry Clement, ABC’s Chief Operating Officer. Larry received a minor in Food Science along with his BS in Chemical Engineering in 2002, and is a long-time friend of FSHN. Currently, he manages ABC’s lab operations and says he enjoys empowering employees to be the best they can be. He added, “I am passionate about science and how we can apply it to solve real world problems. It is amazing how diverse the food industry is and how every day presents new possibilities for science to provide us the solutions. There is nothing better than exceeding your customers’ expectations and having fun while you do it.” In his spare time, Larry enjoys listening to rap music, working out at Gator Crossfit, and spending time with his wife, Dr. Melanie Kemmerer (BS, 2000; MS, 2002, both in Food Science), who has a dental practice in Gainesville.

Janelle (McGuinness) Peele (BS in Dietetics, 1999; MS in Food Science, 2002) is now the Human Resources Manager for ABC. She is responsible for everyone’s relationship with the company as well as maintaining company policies and procedures. Janelle said, “I love different cultures and along with that their food. I’m a foodie and I enjoy trying different cuisines.” She and her husband have two little boys: Ethan and Tyler. Lorenzo Puentes (BS in Food Science, 2002) has been with ABC for about two years as Product Performance Managing Director. Lorenzo said, “I am really enjoying all of the challenges and people I get to work with daily. Some of my responsibilities include maintaining our Vendor Specification Program (VSP) and running Sensory Projects. The VSP helps to assure quality through the supply chain, and the sensory projects are always exciting and different.” He added that he and his wife just bought a bike trailer for their son Gabriel and are enjoying bike rides on campus and picnics in “The Swamp.”

Yuly Virviescas (BS in Food Science, 2011) is ABC’s Business Development Director. She said, “I serve the food industry by providing simple, economical, and convenient solutions to the madness of microbiological and chemical analysis, so that our clients may meet their goals.” When asked about her favorite food, she said she particularly loves frozen custard ice cream. Ivy was recently elected as the new Treasurer of the FL Section of the Institute of Food Technologists.

Recently hired as a Client Services Representative, Yuly Virviescas (BS in Food Science, 2011) is the link between clients and scientists, helping with their testing needs and interpretation of results. Yuly said, “I enjoy my job because it allows me to pursue my passions for both people and science. Every day at work is different!” Yuly recently married Andres Fajardo.

Other FSHN Food Science alumni who work at ABC include Jessica Oller (BS, 2010), Quality Assurance Director; Sharyn Passeretti (BS, 2002), Chemistry Manager; and Michael Reynolds (BS, 2012), Chemistry Technician.

Give a gift to the Department of Food Science and Human Nutrition!

Your donation to FSHN can be used to support student travel to conferences; scholarships and assistantships; to fund the purchase of new equipment to keep us up-to-date; and to provide important resources to support other facilities within the FSHN building, including our Pilot Plant and clinical nutrition facilities.

You can give online at: https://www.ufl.edu/OnlineGiving/Campaign/FundDetail.asp?FundCode=001075, or send a check (made out to “U of FL-SHARE”) to: Attn: Dr. Sue Percival, Interim Chair, PO Box 110370, Gainesville, FL 32611-0370
FSHN Achievements

This spring, Dr. Robert “Bob” Cousins (Professor & Eminent Scholar) won one of two prestigious Sigma Xi Senior Faculty Research Awards. Dr. Cousins is the FSHN Boston Family Professor of Nutrition, a member of the National Academy of Science, Editor of the Review of Nutrition, and former President of the American Society for Nutrition. His research program focuses on the molecular and cell biology and genomics of zinc absorption, metabolism, and function.

Dr. Karla (Pagan) Shelnutt (BS, 1997; PhD, 2003; Assistant Professor) won the CALS Undergraduate Teacher of the Year Award for 2011-2012. She was chosen for this honor based on her dedication to creating respectful and interactive classroom atmospheres… including learning all her students’ names in large sections of Nutrition and Metabolism!

FSHN took three of the four most prestigious CALS undergraduate awards this spring! The CALS Alumni & Friends Leadership Award was won by Asher Adamec. Elaine Tan won the Larry J. Connor Medal of Excellence. And Michelle Corrado won the J. Wayne Reitz Medal of Excellence. Also, Jillian Halper (BS, 2012) was a finalist for the Alumni Award, Gabriella “Jessica” Wood (Nutritional Sciences Junior) was a finalist for the Connor Award, and Gene Rodrick (Nutritional Sciences Junior) was a finalist for the E. T. York Jr. Medal of Excellence. Congratulations to all of these outstanding FSHN students!

FSHN staff member Eric Dreyer (BS, 2008; MS, 2010) won two gold medals at the 2012 Best Florida Beer Competition. His winning beers were an English Brown Ale called “Dark Mild,” and an IPA named “Super Cone II.” There were over 680 state-wide entries in this competition!

Alexa Bledsoe (Nutritional Sciences Freshman) was selected for one of two “Best Pledge” awards by Alpha Zeta this spring. This award was in recognition of her outstanding dedication to Alpha Zeta events and service projects.

Join us in congratulating the FSHN students chosen to serve as 2012-2013 CALS Ambassadors: Kendra Harmon (Dietetics Sophomore), Felicia Metellus (Food Science Junior), Mallory Neumann (Dietetics Freshman), and Elizabeth “Libby” Weber (Nutritional Sciences Junior).

Dr. Weihua “Wade” Yang (Assistant Professor) was awarded the Institute of Food Technologists 2012 Marcel Locin Research Prize. He will receive a plaque and $50,000 in cash to support his research on developing pulsed ultraviolet light technology for the production of hypoallergenic peanut butter.

Sukru Gulec (MS Student) was a national finalist in the American Society for Nutrition’s Graduate Student Research Award competition, held at the 2012 Experimental Biology meeting in San Diego. The title of his research was: “Physiologic role of the Menkes copper ATPase (Atp7a) in intestinal iron transport.”

Shelia Parker-Hall (Staff) won a 2012 “Personal Lifestyle Change” award from UF’s Healthy Gators program. Justin Forde (BS, 2009; MS, 2012) and Alexis Woods (BS, 2009; MS, 2012) helped her with diet and exercise plans, and she kept constant track of her (and her family’s) progress.

Simone Pierson (BS, 2012) won the UF Healthy Gators’ “Leader for Health” award for her work in organizing activities for National Eating Disorder Awareness Week. She also created a new student organization on campus, Body Awareness Movement (BAM), to help promote healthy body image.

The 2012 FSHN Food Product Development Team’s entry into the Disney & IFT Student Association competition was one of only five submissions to have made the national finals! Their product, called “Yum-e-Milk,” is intended to be a nutritious dairy beverage for young children. L-R: Akshay Anugu (PhD Student), Sweeya Gopidi (MS Student), and Bhaskar Janve (PhD Student) will compete this summer at the annual IFT meeting in Las Vegas. Join us in wishing them luck!

Kristina Underthun (Food Science Junior) recently won two prestigious national scholarships in recognition of her outstanding academic and leadership accomplishments: the $1,000 Institute of Food Technologists (IFT) Feeding Tomorrow Scholarship, and the $1,500 Association of Food and Drug Officials (AFDO) Denise C. Rooney Scholarship.

Gene Rodrick (Nutritional Sciences Junior, left) was selected as Target Copy’s spring 2012 Educational Grant winner. Both Gene and Dr. Karla Shelnutt (right), his instructor for HUN4221, received a $350 check and $400 in Target Copy services. They presented the award to Gene and Dr. Shelnutt on May 8th in the FSHN building, serving free cake and other snacks to everyone who attended.