

FSHN Alumnus' Road to the Orange and Blue

Robert "Bob" Golaszewski received his MS in Food Science from FSHN in 1997, and says his "Road to the Orange and Blue" wasn't traditional.

After graduating from The Ohio State University in 1979, Bob spent the next twelve years working in industry. In 1991, he accepted a job as manager of a food company in Ocala. He and his wife **Karen** moved to Gainesville because they enjoyed the college atmosphere, and Bob commuted to Ocala on weekdays. At first he found the drive to be inconvenient, but when he later decided to start a business in Gainesville, it became a smart choice.

Unfortunately that business didn't turn out to be the success he had hoped, so Bob began work in research and development at a small food research laboratory near UF. He says that position was very challenging because the lab provided service to such a large variety of clients. It also led him to consult with faculty here in FSHN, who were very helpful with his work.

Bob says, "I had the pleasure of running taste panels at the Reitz Union,

for beverage clients interested in what college students liked. It was during these taste panels that my desire to increase knowledge of the food science field became an obsession."

And so in 1994, at age 37, Bob started the MS program in Food Science here in FSHN. Because he hadn't been in school for so long, he wasn't expecting to enjoy the college experience a second time around. However, that wasn't the case. Bob told us: "The environment was extremely challenging and I realized that going back to school as an older student was fantastic! The major difference as an older student is your professors may turn out to be some of your best friends. UF also had extremely bright students from many parts of the world, which increased the depth of my learning and social experiences."

Shortly after his graduation in 1997, Bob interviewed with General Mills and landed what he called a wonderful position. Bob says, "It was a very bittersweet day leaving Gainesville for my job in Minnesota.... *Cont. page 3*



Bob Golaszewski, posing with some of the products he's developed for General Mills.

Serving Africa



L-R: Nyima Ali, Kelli (Notestine) Crovo, Beryl Greywoode.

Beryl Greywoode (BS, 2005) is currently a second year student in the UF College of Medicine. In the spring of 2006, while participating in a medical mission trip to New Orleans, Beryl started to think about organizing a similar trip to Africa. For years the College of Medicine has organized medical mission trips to the Dominican Republic, Haiti, and the Yucatan, but they had never visited Africa. And so Beryl created RAIN (Relieving Areas in Need) and began to cultivate connections in South Africa.

Beryl's connections led her to a local doctor in South Africa who was willing to donate a retreat home that houses and feeds 25 volunteers, and to a U.S. charity organization that procured use of a "common ground" area, complete with a large empty building for use as a clinic.

In March of 2007, Beryl will lead a medical mission trip to South Africa. A team of 25 volunteers,.... *Cont. page 3*

In this issue:

Congratulations	2
Alumni Updates	2
Orange and Blue, cont.....	3
Serving Africa, cont.....	3
FSHN Retirements.....	3
FSHN Alumna at Abbott	3
FSHN Achievements.....	4

FSHN Alumni Newsletter produced bi-annually

Food Science & Human Nutrition Dept.
College of Agricultural & Life Sciences
Institute of Food & Agricultural Sciences
University of Florida
<http://fshn.ifas.ufl.edu>

Editor: Janna L. Underhill
Coordinator, Academic Support Services
352/392-1991, ext. 220
janna@ufl.edu

We Welcome Your Input!

Send all correspondence, articles,
pictures, updates and comments to:
Alumni Newsletter
PO Box 110370, 359 FSHN
University of Florida
Gainesville, FL 32611-0370

Change of Address

Moving, but still want to receive this
newsletter and other UF publications?
Please notify the UF Foundation
<http://www.ufalumni.ufl.edu/interact/>
(choose "Bio Update")

Congratulations!



Erin (Cox) Sheppard (BS, 2005) married **Chris Sheppard** (both

pictured above), and the couple is now living in Texas. Erin also completed her dietetic internship this year.



Dr. Amy (Klash) Pulido (BS, 2001) married her childhood sweetheart **Michael**

Pulido (both pictured above). She graduated from Univ. of South Florida medical school this year and started her anesthesiology residency at Jackson Memorial Hospital in Miami. She is interested in critical care, and may pursue a fellowship after her residency.



Meghan (Meller) Teira (BS, 2003) recently married another Gator,

Albert Teira (BS and MS graduate from the UF Electrical Engineering program). Albert and Meghan are pictured above.



Dr. Brian Barrow (BS, 2002) recently got married. He also graduated

from UF med school and started his residency at the University of South Florida in Tampa. Brian is pictured above with his wife **Stephanie** (left) and **Dr. Sue Percival** (FSHN Professor, middle).

Alumni Updates

Dr. Walter Kelley (BS, 2002) graduated from the Arizona College of Osteopathic Medicine of Midwestern University, in Phoenix. He just started his residency in pathology at the University of Maryland Medical Center in Baltimore, joined by his wife **Kara** and son **Karl**. Kara is also a Gator, with both a bachelor's and master's degree from UF's College of Education. Walter says: "Tell everyone to keep up the good work; we need more good nutritionists in all fields – medicine, agriculture, manufacturing, public policy, etc. You name it, there is a need for it. Thanks, and Go Gators!"

Brett Podoski (MS, 1998) is working for the US Food and Drug Administration in Honolulu. In February of this year he was promoted to Supervisory Consumer Safety Officer, overseeing a staff of nine. He is in charge of domestic and import regulatory work for the FDA in Hawaii, American Samoa, Guam, and Saipan.

Melissa (Kolsch) Jones (BS, 2001; PhD, 2006) accepted a post-doc position in August at UNC Charlotte with **Dr. Jim Oliver**.

Mark Berger (BS, 2005) completed a Master of Science in Management at UF, and began dental school at Boston University Goldman School of Dental Medicine this fall.

Dr. Darren Martin (BS, 1997) received his MD from Morehouse School of Medicine in 2003 and is a clinical associate at the Tufts University School of Medicine at Baystate Medical Center in Springfield, Massachusetts. He will complete his fourth year of an Internal Medicine Pediatrics Residency next summer.

Dr. Barbara Davis (PhD, 1996) is the Director of Innovation, Nutrition & Claims for The Dannon Company, Inc. She directs the research and development of new products with functional benefits, develops and substantiates health claims, contributes to Dannon's Nutrition & Health policy and strategy, serves as the scientific/nutrition resource for the company internally, and directs clinical trials conducted in North America.

Marjorie "Meg" Richards (MS, 2005) is employed as a Research and Development Food Technologist at Stonyfield Farm Inc. in Londonderry, NH where she is working on improving and developing cup and smoothie yogurt products. She also serves as a representative on their safety committee.

The following 2006 graduates have been accepted into MS programs here at UF: **Rebecca Burnworth**, Food Science; **Meredith Galloway**, **Erica Kukulka**, and **Wendy Wai**, all Nutritional Sciences. **Nicholas Bohan** (BS, 2005) and **Joeva Hepburn** (BS, 2005) were also accepted into FSHN's Nutritional Sciences MS program.

B. Bernadette (O'Farrell-Ray) Latson (MS, 1981) is an Assistant Professor and Director of the Coordinated Program in Dietetics for the University of Texas Southwestern Medical Center in Dallas.

Summer 2006 BS graduates accepted into dietetic internships include: **Lorilee Olmoguez**, Emory University; **Bethany O'Neill**, Emory University; **Jessica Rubin**, St. Petersburg WIC; **Tristan Soyka**, Florida Hospital; **Robert Warns**, Pasco County WIC.

Catherine "Ashley" Orynich (BS, 2006) has been accepted to the Harvard School of Dental Medicine.

Did we leave you out, or is our information outdated? Please drop us a line (see box, top left).

FSHN News & Views is going electronic! If you're reading this on paper, that means we don't have a valid e-mail address for you. **If you'd like to continue receiving this publication, please update your e-mail with the UF Alumni Association by visiting <http://www.ufalumni.ufl.edu/interact/> and choosing "Bio Update."** Your e-mail will only be used for the purpose of forwarding this newsletter – we will never share it with any other agencies or organizations. We hope to hear from you soon!

Orange and Blue, cont.

....I think other students having left (or planning on leaving) the Gainesville area will know about the knot you get in your stomach as you see Gainesville in the rear view mirror."

Bob has now been at General Mills for more than nine years as a senior research scientist, and he loves his job. He told us he attributes his success directly to UF and the support he received from the FSHN faculty, especially his mentor **Dr. Charlie Sims** (Professor). He also thanked his wife Karen for her years of support.

Bob shared some final thoughts: "I will *always* have warm memories of UF, and love to keep up with the news via my UF alumni membership. Go Gators, and best of success to all current and future students!"

Serving Africa, cont.

.... including 5 doctors, will travel to Gauteng for ten days to set up free clinics and address local health issues. They will also spend one day in Cape Town at a free clinic, six hours away. The team will bring as many medical supplies as they can carry, and promote public communication and public health education on a local radio station.

Other team members include med students and FSHN alumni **Kelli (Notestein) Crovo** (BS, 2004) and **Nyima Ali** (BS, 2005). They hope this will become an annual event; however, they first need to raise the \$50,000 necessary to fund this year's trip. If you are interested in helping, you can mail a check (made out to "Project RAIN") to: *Project RAIN, ATTN: Nyima Ali, PO Box 100274, Gainesville, FL, 32610-0274*. Or visit their website, www.ufprojectrain.org, and donate online. All donations are tax exempt.

Beryl also sits on the Medical College Council Board, and even finds time to conduct research. She says, "I can't tell you how excited we all are about this opportunity; more than anything, I've come to learn that with a dream and willingness to see that dream through, anything is possible."

FSHN Retirements

This year, FSHN said goodbye to two dedicated faculty members.



Dr. Robert "Bob" Braddock, FSHN Professor, retired this past summer. Dr. Braddock received his BS and MS degrees from UF, and his PhD from Michigan State University. He joined the FSHN faculty in 1970. Dr. Braddock's research interests included developing new process methods and quality parameters (applied to commercial processing of citrus specialty and by-products); concentration and dewatering processes; and essentials oils and citrus flavors. His many accomplishments include the development of an enzyme process to reduce viscosity and increase soluble solids recovery in juice concentration and pulp washing processes; development of mass balance and recovery data for citrus by-product operations including essential oils, bioflavonoids, and limonene; bioconversion of terpenes and citrus aroma chemicals for flavor applications; applications of high pressure to citrus processing; and citrus oil halogen compounds related to oil recovery methods. Dr. Braddock is also an IFT Fellow.



Dr. Ross D. Brown, Jr. (FSHN Associate Professor) also retired this summer. Dr. Brown received his PhD from the University of Wisconsin and joined the faculty here in FSHN in 1980. Dr. Brown's research interests included enzymes and carbohydrates relevant to food systems and food processing, structural characterization of microbial cellulases, induction of multiple enzyme systems, anaerobic fermentation of cellulosic materials, and application of cellulases to new commercial processes.

FSHN Alumna at Abbott



Dr. Amy Mackey (PhD, 2002) conducted her graduate research on vitamin absorption/metabolism under the guidance of **Dr. Jess Gregory** (FSHN Professor). After graduation, she conducted post-doctoral research in neonatal nutrition for **Dr. Josef Neu** in the Department of Pediatrics at the UF College of Medicine. In 2003, Dr. Mackey joined Abbott Nutrition Research & Development in Columbus, Ohio as a Senior Scientist in Pediatric Strategic Research. In 2004 she was promoted to Research Scientist in Pediatric Nutrition Science and Research.

At Abbott, Dr. Mackey seeks to improve the nutrition of infants with the feeding of the Similac® brand of infant formulas. Her responsibilities include designing and conducting clinical feeding trials in infants, innovating new formulations and improving existing ones, developing and reviewing product labels and promotional materials, and creating educational presentations for health care professionals. This past year, she was on the team that launched the new Similac Organic formula, a certified USDA organic infant formula.

Dr. Mackey says, "The longer that I'm away from UF, the more I realize the quality of the graduate education that I received from an outstanding faculty that continuously challenged me to grow intellectually. I appreciate the level of scholarship and talent of my peers while at UF (1998-2003). I was in some good company, and I was fortunate to travel the graduate path with these students. I also realize how much I miss the reliable Florida sunshine."

And congratulations go out to Dr. Mackey: she and **Dr. Steve Davis** (PhD, 2000), got engaged. Dr. Davis did his graduate and postdoctoral research with **Drs. Bob Cousins** (FSHN Professor) and Dr. Gregory, respectively. Dr. Davis is currently an assistant professor of nutrition at the University of Connecticut.

FSHN Achievements

Several FSHN MS/DI graduate students donated their time to a project at Gainesville's Talbot Elementary School this past year: **Cristin Cuozzo** (BS, 2005), **Brooke Findley** (BS, 2002), **Melanie Grabianowski**, **Jennifer Hill**, **Brad Jahnke** (BS, 2005), **Laura Jensen** (BS, 2005), **Laura Postin**, and **Jessica McIntire** (BS, 2005). These students developed a very successful program called "Veggie Force" with such characters as Captain Carrot and Princess Spinach. Children were given the opportunity to plant vegetables in a garden, and were also encouraged to taste a new vegetable each month.

Kristina von Castel-Roberts, FSHN doctoral candidate, won a graduate student research award at the Federation of American



Societies for Experimental Biology (FASEB) Summer Conference in California this year. The competition is judged using the following criteria: scientific content and design, presentation of the work, and response to questions and discussion posed by the judges. Kristina's research focused on folic acid, vitamin B12 and one carbon metabolism, and her poster was entitled "Holo-transcobalamin is an Indicator of Vitamin B-12 Absorption."

Dr. Anita Wright (FSHN Associate Professor) was appointed to the advisory board for the Emerging Pathogens Initiative and



was an invited speaker at the June Federation of American Societies for Experimental Biology (FASEB) conference in Tucson on Microbial Polysaccharides. She presented investigations on Genetic Variation in the Capsular Polysaccharide Operon of *Vibrio vulnificus*.

Two FSHN graduate students won awards at the IFT Annual Meeting this past summer. **David Mantilla** (BS, 2002; MS, 2005), working with **Dr. Hordur Kristinsson** (FSHN Assistant Professor), won 2nd place in the IFT Aquatic Food Division Student Presentation Competition. And **Yavuz Yagiz** (PhD student), working with Dr. Kristinsson and **Dr. Marty Marshall** (FSHN Professor), won 3rd place in that same competition.

Dr. Doug Archer (FSHN Professor, IFAS Associate Dean for Research, and Director of UF/IFAS Biosecurity Program) was named a 2006 IFT Fellow. This prestigious recognition is only given to a select few individuals who have outstanding qualifications and have contributed greatly to the advancement of food science and technology. Dr. Archer was honored for his many years of work in food safety and security with the Food & Drug Administration and now with the University of Florida



Meri Nantz (FSHN Biological Scientist) just graduated with a degree in Graphic Design Technology from Santa Fe Community College, with a near-perfect academic record.

FSHN, in conjunction with the Florida Section of the Institute of Food Technologists (IFT), held the second annual Florida Social Hour at IFT this past summer at the IFT Annual Meeting in Orlando. The event, which was held at the Friday's Front Row Sports Grill on International Drive, was designed to bring together UF alumni, FL Section members, and anyone who

works in or has ties to food industry in the state of Florida. Event organizers **Janna Underhill** (FSHN News & Views Editor), **Dr. Gillian Dagan** (ABC Research; BS, 2000; PhD, 2004), **Dr. Charlie Sims** (FSHN Chair), and **Mark Walsh** (Cargill; MS, 1995) thank the following sponsors for helping make the event such a success: ABC Research, Bacardi, Cargill, Flavor Materials, Friday's, and the UF FSHN Department. Following are some pictures from this year's Social Hour. See you next year in Chicago!



L-R: Larry Clement; Dr. Gillian Dagan (BS, 2000; PhD, 2004); Janelle MacGuinness (BS, 1999; MS, 2002); Kathy Barry; Troy Ayers (BS, 1997; MS, 1998), all with ABC Research.



L-R: Marc Macellaio (Mintel); Jeannie Christodoulou (Danisco); Deena Rogers (Mastertaste; BS, 2001); Martin von Paleske (Mastertaste).



L-R: Yun-Pai "Paul" Lai (Senior in Food Science); Sparky Vilsaint (Junior in Food Science).



Clockwise from top left: Holly Petty (BS, 2002; PhD candidate in Food Science); Brianna Mahoney (Dietetics Senior); Cynthia Blest (Senior in Food Science); Anna Gunter (Dietetics Senior).



L-R: Dr. Russ Rouseff (FSHN Professor); Dr. Sue Percival (FSHN Professor); Dr. Mark McLellan (IFAS Dean for Research).



L-R: Sonal Singh (Senior in Food Science); Renee Applebaum (Senior in Food Science); Christine Wang (Junior in Food Science); Becky Burnworth (BS, 2006; MS student in Food Science).



L-R: Dr. Tom Pugh (E.&J. Gallo Winery); Dr. Asli Odabasi (FSHN staff; MS, 1998; PhD, 2003) and her husband Dr. Serdar Kirlil (UF faculty, Engineering).



L-R: Dr. Bob Bates (Retired FSHN Professor); Liv Bader (Bacardi; BS, 1997; MS, 2003).



L-R: Matt Davenport (PhD candidate in Food Science); Paul Grotheer (BS, 2001; MS student in Food Science); Meghan (Meller) Teira (California Natural Products; BS, 2003).



L-R: David Mantilla (Beaver Street Fisheries; BS, 2002; MS, 2005); Dr. Sara Risch (Michigan State University Professor); Dr. Ron Schmidt (FSHN Professor); Nicholas Ramon (ABC Research; BS, 2005); Saqib Hussain (MS student in Food Science).