

**DIE 4246**  
**Medical Nutrition Therapy Applications – Part II: Spring 2022**

**Instructor**

Laura Acosta, MS, RDN, LD/N  
Campus Office: Building 120, Room 104D  
Campus Phone: 352-273-3472  
Cell Phone: 914-523-7224  
Email: [ljacosta@ufl.edu](mailto:ljacosta@ufl.edu)  
Office Hours will be held on Zoom.

**Teaching Assistant**

TBA

**Course Location & Meeting Times**

Tuesdays (In-Person, except in the situations noted below)

Period 8 - 9 (3:00 PM - 4:55 PM), McCarty Hall A, room G186

- Zoom is available on Tuesdays for students who have tested positive for COVID or have other extenuating circumstances. Please email the course TA and copy Mrs. Acosta if you need to attend class on Zoom on a Tuesday.
- Note that there may be some Tuesdays where we will have guest speakers and everyone will be on Zoom. These dates will be announced in class and on Canvas.
- Zoom link for Tuesdays:  
<https://ufl.zoom.us/j/96844890354?pwd=NHFQOEJsd0ZMb0FYSkhidTV3WFhnZz09>  
Meeting ID: 968 4489 0354  
Passcode: 735113

Thursdays (everyone on Zoom)

Period 5 (11:45 AM - 12:35 PM)

Zoom link for Thursdays:

<https://ufl.zoom.us/j/94566430302?pwd=SVNDS3JNZWR3Wkl4bWRZV0VkvTd3dz09>

Meeting ID: 945 6643 0302

Passcode: 888151

Note that our class sessions may be audio visually recorded for students in the class to refer back and for enrolled students who are unable to attend live. Students who participate with their camera engaged or utilize a profile image are agreeing to have their video or image recorded. If you are unwilling to consent to have your profile or video image recorded, be sure to keep your camera off and do not use a profile image. Likewise, students who un-mute during class and participate orally are agreeing to have their voices recorded. If you are not willing to consent to have your voice recorded during class, you will need to keep your mute button activated and communicate exclusively using the "chat" feature, which allows students to type questions and comments live. The chat will not be recorded or shared. As in all courses, unauthorized recording and unauthorized sharing of recorded materials is prohibited.

## Course Description

Part 2 of a two-semester sequence that focuses on attainment of knowledge to make nutrition diagnoses, to develop and implement effective nutrition intervention strategies, and to identify appropriate monitoring and evaluation plans for patients with common chronic diseases and disorders. Information learned in HUN 4446 will be integrated into class lectures, discussions, activities, assignments, and quizzes, as appropriate.

Credits: 3

Prerequisites:

- HUN2201 (Fundamentals of Human Nutrition)
- DIE4245 (Medical Nutrition Therapy Applications – Part 1)
- APK2105 or PCB 4723C

Co-requisites:

- HUN4446 (Nutrition and Disease 2)

## Required Materials

- Fremgen BF, Frucht SS. (2019). Medical Terminology: A Living Language, 7<sup>th</sup> Ed. Pearson. ISBN-13: 9780134701202
- **OR**
- Fremgen BF, Frucht SS. (2015). Medical Terminology: A Living Language, 6<sup>th</sup> Ed. Pearson. ISBN-13: 978-0134070254
- Non-programmable calculator
- Computer with reliable internet access
- Webcam and microphone
- Access to e-Learning (Canvas). Refer to <https://elearning.ufl.edu>
- Access to Zoom: <https://ufl.zoom.us>
- Access to MS Word, MS PowerPoint, and PDF reader software
- Pocket-size (about 4"x7") loose-leaf notebook for Nutrition Reference Handbook (with paper and tab dividers)
- Access to e-Learning (Canvas): <https://elearning.ufl.edu/>
- Student membership in the Academy of Nutrition and Dietetics for access to the Evidence Analysis Library (EAL)
- Laptop computer, tablet, or other mobile device to access the internet during class

## Recommended Materials

- Nelms M, Sucher K. (2020). Nutrition Therapy and Pathophysiology, 4<sup>th</sup> Edition. Boston, MA: Cengage Learning. ISBN-13: 978-0357041710
- **OR**
- Nelms M, Sucher K, Lacey K. (2016). Nutrition Therapy and Pathophysiology, 3<sup>rd</sup> Edition. Boston, MA: Cengage Learning. ISBN-13: 978-1305111967
- Mordarski B, Wolff J. Nutrition Focused Physical Exam Pocket Guide, Second Edition. Academy of Nutrition and Dietetics. Available at: <https://www.eatrightstore.org/product-type/pocket-guides/nutrition-focused-physical-exam-pocket-guide-second-edition> (\$15 for Academy members)

## **Course Goals**

Upon completion of this course, students should be able to:

1. Comprehend and use medical terminology and medical abbreviations in oral and written communications.
2. Apply the Nutrition Care Process by performing nutrition assessment, nutrition diagnosis, developing nutrition interventions, and identifying appropriate monitoring and evaluation indicators.
3. Evaluate the nutritional status of simulated patients based on medical, social, physical, dietary, anthropometric, pharmacologic, and laboratory data.
4. Write appropriate chart notes for simulated patients/clients using standardized language for the nutrition care process.
5. Develop appropriate nutrition prescriptions for individuals with special needs due to acute/chronic illnesses or other medical/physical conditions.
6. Construct/calculate appropriate diets for simulated patients/clients based on an assessment of their medical, nutritional, and health status.
7. Develop skills in using an evidence-based approach to dietetics practice.

## **Foundation Knowledge and Learning Outcomes**

Activities in this course are designed to contribute to students achieving the following learning outcomes defined by the Accreditation Council for Education in Nutrition and Dietetics (ACEND):

- Demonstrate how to locate, interpret, evaluate, and use professional literature to make ethical evidence-based practice decisions. (KRDN 1.1)
- Use current information technologies to locate and apply evidence-based guidelines and protocols. (KRDN 1.2)
- Apply critical thinking skills. (KRDN 1.3)
- Demonstrate effective and professional oral and written communication and documentation. (KRDN 2.1)
- Identify and describe the work of interprofessional teams and the roles of others with whom the registered dietitian nutritionist collaborates in the delivery of food and nutrition services. (KRDN 2.5)
- Use the nutrition care process to make decisions, to identify nutrition-related problems and determine and evaluate nutrition interventions. (KRDN 3.1)

## **Student Preparation for Class**

Students are expected to use a self-instructional approach to learn medical terminology and abbreviations. The medical terminology textbook selected for this course is designed for self-instructional use. Students are expected to complete reading assignments in advance. Class preparation may require use of the Internet, library and/or other reference materials. Students are expected to bring course notes and materials from Canvas to class and to contribute to class discussions.

## **Class Attendance**

Attendance is required for all dietetics (DIE) courses. "Attendance" is more than just being present (either physically or on Zoom). It means being attentive and engaged, and not working on other tasks. For those attending via Zoom, come to class in a quiet space without distractions. You should not be working at a job, traveling, "multitasking", etc. You must have

your camera on in order to be counted as “present”. If you have a situation arise where you must have your camera off, please discuss this with the course TA ahead of time.

Students who miss class due to illness or family emergency **MUST** email the course TA (with cc to Mrs. Acosta) **prior to class** and provide appropriate documentation (doctor’s note, police report, dated obituary, etc.) to be eligible to make up any quizzes, exams, or classwork for that day. Failure to do this will result in a deduction of **10 points** from the Attendance grade for each absence, in addition to a **grade of 0** for any work that was missed. Tardiness is unacceptable in the workplace and therefore also inappropriate in the classroom. Any student who is more than 5 minutes late will lose **5 points** from their attendance grade each time he/she is tardy.

### **Class Demeanor**

Students are expected to show courtesy to their classmates and instructor by turning cell phones off before the class period begins and refraining from engaging in personal conversations during class. **Particular courtesy is expected when guest speakers visit. Please note that guest speakers are not being compensated for their services, and are sharing their knowledge and experience out of a love for the profession and desire to nurture the next generation of clinicians. The utmost respect, attentiveness, and professional courtesy is expected.** You will be responsible on exams, case studies, assignments, etc. for information that is shared during guest lectures.

### **COVID-19 Safety**

In response to COVID-19, the following policies and requirements are in place to maintain your learning environment and to enhance the safety of our in-classroom interactions.

- You are highly encouraged to wear approved face coverings at all times during class and within buildings.
- Mask and sanitizing supplies are available in the classroom.
- Practice physical distancing to the extent possible when entering and exiting the classroom.
- If you are experiencing COVID-19 symptoms, please stay home. If you feel well enough to participate in class, please log in on Zoom. Be sure to communicate with the course TA ahead of time to confirm that you will be attending on Zoom.

### **Assignments and Quizzes**

Assignments are due on the date indicated on the syllabus. Late assignments will be penalized **10% for each day late**. Assignments over one week late **will not be accepted**. Quizzes are given during the first 20 minutes of class; **students who are tardy will not be given extra time to complete quizzes**.

### **Student Evaluation**

This course has 600 possible points. Evaluation is based on the following performance indicators:

Attendance (see Attendance Policy, below)	50
Medical terminology quizzes (5 @ 25 points each, lowest dropped)	100
Renal Case Study	100
Graded NFPE Demo	100
In-Class Activities, Labs, Homework Assignments	50

Case Presentation	100
Final Exam	<u>100</u>
Total	600

In addition, students are to add to their Nutrition Reference Handbook (started last semester in DIE4245), and this book may be used during the Final Exam.

**Grades are not negotiable and will be assigned according to the following scale**

560-600	93.34-100%	A
540-559	90-93.33%	A-
520-539	86.68-89.9%	B+
500-519	83.34-86.67%	B
480-499	80-83.33%	B-
460-479	76.68-79.9%	C+
440-459	73.34-76.67%	C
420-439	70-73.33%	C-
400-419	66.68-69.9%	D+
380-399	63.34-66.67%	D
360-379	60-63.33%	D-
<360	<60%	E

**Grades and Grade Points**

For information on current UF policies for assigning grade points, see

<https://catalog.ufl.edu/UGRD/academic-regulations/grades-grading-policies/>

**Absences and Make-Up Work**

Requirements for class attendance and make-up exams, assignments and other work are consistent with university policies that can be found at: <https://catalog.ufl.edu/UGRD/academic-regulations/attendance-policies/>

**Academic Honesty**

As a student at the University of Florida, you have committed yourself to uphold the Honor Code, which includes the following pledge: *"We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity by abiding by the Student Honor Code."* You are expected to exhibit behavior consistent with this commitment to the UF academic community, and on all work submitted for credit at the University of Florida, the following pledge is either required or implied: *"On my honor, I have neither given nor received unauthorized aid in doing this assignment."*

It is assumed that you will complete all work independently in each course unless the instructor provides explicit permission for you to collaborate on course tasks (e.g. assignments, papers, quizzes, exams). Furthermore, as part of your obligation to uphold the Honor Code, you should report any condition that facilitates academic misconduct to appropriate personnel. It is your individual responsibility to know and comply with all university policies and procedures regarding academic integrity and the Student Honor Code. Violations of the Honor Code at the University of Florida will not be tolerated. Violations will be reported to the Dean of Students Office for consideration of disciplinary action. For more information regarding the Student Honor Code, please see: <https://sccr.dso.ufl.edu/policies/student-honor-code-student-conduct-code/>.

### Software Use

All faculty, staff and students of the university are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against university policies and rules, disciplinary action will be taken as appropriate.

### Campus Helping Resources

Students experiencing crises or personal problems that interfere with their general wellbeing are encouraged to utilize the university's counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

Service	Phone	Web site	Services provided
University Counseling and Wellness Center	352-392-1575	<a href="https://counseling.ufl.edu/">https://counseling.ufl.edu/</a>	<ul style="list-style-type: none"><li>• Counseling Services</li><li>• Groups and Workshops</li><li>• Outreach and Consultation</li><li>• Self-Help Library</li><li>• Wellness Coaching</li></ul>
U Matter We Care	<a href="mailto:umatter@ufl.edu">umatter@ufl.edu</a> 352-392-1575	<a href="http://www.umatter.ufl.edu/">http://www.umatter.ufl.edu/</a>	Support for students in distress
Career Connections Center	352-392-1601	<a href="https://career.ufl.edu/">https://career.ufl.edu/</a>	Career development assistance and counseling

### Services for Students with Disabilities

Students with disabilities who experience learning barriers and would like to request academic accommodations should connect with the Disability Resource Center (DRC). The DRC coordinates needed accommodations, including accommodations within the classroom, adaptive computer equipment, interpretation services, and mediation for faculty-student disability related issues. Here is the link to get started with the DRC: <https://disability.ufl.edu/students/get-started/>. It is important for students to share their accommodation letter with their instructors and discuss their access needs as early as possible in the semester.

### Online Course Evaluation Process

Students are expected to provide professional and respectful feedback on the quality of instruction in this course by completing course evaluations online via GatorEvals. [Click here for guidance on how to give feedback in a professional and respectful manner](#). Students will be notified when the evaluation period opens, and can complete evaluations through the email they receive from GatorEvals, in their Canvas course menu under GatorEvals, or via [ufl.bluera.com/ufl/](http://ufl.bluera.com/ufl/). [Summaries of course evaluation results are available to students here](#).

### **Writing Studio**

The Writing Studio is committed to helping University of Florida students meet their academic and professional goals by becoming better writers. Individual assistance is provided and students of all levels and disciplines are welcome (<https://writing.ufl.edu/writing-studio/>). Their main office is 302 Tigert Hall, and their office phone is (352) 846-1138.

### **Course Material Copyright and Confidentiality**

All course material is the property of the University of Florida and the course instructor, and **may not** be posted online for any commercial or non-commercial purpose. Students found in violation may be subject to disciplinary action under the University's Student Conduct Code. Only students formally registered for the course are permitted to attend lectures and take quizzes/tests.

### **Filing a Complaint**

The University of Florida believes strongly in the ability of students to express concerns regarding their experiences at the University. The University encourages its students who wish to file a written complaint to submit that complaint directly to the department that manages that policy.

A student who is unsure as to the official responsible for handling his or her particular complaint may contact the Ombuds office or the Dean of Students Office. For complaints that are not satisfactorily resolved at the department level or which seem to be broader than one department, students are encouraged to submit those complaints to one of the following offices:

Ombuds: <http://www.ombuds.ufl.edu/>  
352-392-1308

The purpose of the Ombuds office is to assist students in resolving problems and conflicts that arise in the course of interacting with the University of Florida. By considering problems in an unbiased way, the Ombuds works to achieve a fair resolution and works to protect the rights of all parties involved.

Dean of Students Office: <http://www.dso.ufl.edu/>  
352-392-1261

The Dean of Students Office works with students, faculty, and families to address a broad range of complaints either through directly assisting the student involved to resolve the issue, working with the student to contact the appropriate personnel, or referring the student to resources or offices that can directly address the issue. Follow up is provided to the student until the situation is resolved.

Additionally, the University of Florida regulations provide a procedure for filing a formal grievance in Regulation 4.012: <http://regulations.ufl.edu/regulations/uf-4-student-affairs/>

### **Email**

Students are required to check their email account(s) daily (at least Monday through Friday) and respond to course/program related requests, inquiries, etc. in a timely manner.



### Spring 2022 Class Schedule

	Date	Topic
		<u>Medical Terminology Quizzes:</u> Will be given in the first 20 minutes of class
	Thursday January 6	Syllabus and Expectations
Week 1	Tuesday January 11	Evidence-Based Practice
	Thursday January 13	Evidence-Based Practice
Week 2	Tuesday January 18	Evidence-Based Practice in Action
	Thursday January 20	Evidence-Based Practice in Action
Week 3	Tuesday January 25	<b>Medical Terminology Quiz 1</b> Guest Speaker
	Thursday January 27	Dysphagia and Orofacial NFPE
Week 4	Tuesday February 1	Dysphagia and Orofacial NFPE
	Thursday February 3	Dysphagia and Orofacial NFPE
Week 5	Tuesday February 8	<b>Medical Terminology Quiz 2</b> NFPE Hair, Skin, Nails, and Eyes
	Thursday February 10	<b>Hair, Skin, Nails, and Eyes</b> <b>NFPE Lab</b>

		NFPE: Putting It All Together
Week 6	Tuesday February 15	<b>Graded NFPE Demos</b>
	Thursday February 17	<b>Graded NFPE Demos</b>
Week 7	Tuesday February 22	Renal
	Thursday February 24	Renal
Week 8	Tuesday March 1	Guest Speaker
	Thursday March 3	Renal
Week 9	Tuesday March 8	Spring Break
	Thursday March 10	Spring Break
Week 10	Tuesday March 15	<b>Medical Terminology Quiz 3</b> Guest Speaker
	Thursday March 17	<b>Renal Case Study Due</b> Renal
Week 11	Tuesday March 22	Case Presentations
	Thursday March 24	Case Presentations
Week 12	Tuesday March 29	<b>Medical Terminology Quiz 4</b> Diabetes
	Thursday March 31	Diabetes
Week 13	Tuesday April 5	<b>Medical Terminology Quiz 5</b> Diabetes

		Guest Speaker
	Thursday April 7	<b>Diabetes and ED Lab Due</b> Blood Pressure and Vital Signs
Week 14	Tuesday April 12	Blood Pressure and Vital Signs Lab
	Thursday April 14	TBD
Week 15	Tuesday April 19	Review for Final Exam
<b>FINAL EXAM:</b> <b>April 28, 5:30-7:30pm</b>		