

FOS 5437C – Section 0100
Food Product Development: Principles and Practice
Current Syllabus
3 Credits, Spring 2019

Course Instructors and Office Hours

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Course Hours/Location

Time/Location:

- M W Period 2 (8:30am – 9:20am); MCCA 1142
- T Periods 2-3 (8:30am – 10:25am) MCCA 2196, and FSHN Pilot Plant and Teaching Lab as needed and announced. If a Tuesday is designated as **Lecture**, we will normally only utilize period 2.

Overall Course Objectives

The overall goals are to provide the opportunity for students to integrate their training in food science and technology courses and related disciplines and to gain experience with the theory and practice of developing food products. Lectures and labs/discussion sessions will involve understanding and applying practices to develop food products with traditional and novel food ingredients and processes in the context of existing and projected national and international legal, regulatory, economic, environmental and social constraints. Nutritional and health implications relating to food products will be considered.

This course will help prepare the student for positions in industry, government and/or graduate/professional education. This is the IFT-required senior level capstone course that incorporates and unifies principles from the total undergraduate curriculum. Projects completed in this course may be used in IFT and other sponsored food product development competitions. This course will also serve as a node for assessment of

student learning outcomes (SLOs) for graduating seniors as required by University of Florida/IFAS rules.

For **graduate students** who are entering the field of food science from another institution and/or another major, this course will serve as a foundation for many food science and technology research areas, and will provide a basis for an introduction and then more thorough understanding of the discipline of food science.

Prerequisites

As a capstone course in the Food Science undergraduate program, it is expected and designed that success in this course is dependent on the integration of prior knowledge brought into the course. Therefore, it is departmental policy to require concurrent registration and/or completion of (3) 4000-level FOS courses as a prerequisite for registering for FOS 4435C. Undergraduate FOS majors generally register for this course in their final semester of their Food Science Program.

Graduate students in UF/IFAS Food Science and related programs may enroll in the class (as 5437C) if they have not taken FOS 4435C or an equivalent course at another institution **and** with permission of instructor. The graduate section will have different and/or additional work assignments during the semester as compared to the undergraduate requirements; please refer to this **Spring 2019 FOS 5437C** syllabus for details. There will also be a written assignment in the form of a brief review paper/white paper on a product development topic (such as you might be expected to develop in industry or other positions after graduation).

Electronic Communication and Archives

Most lecture outlines and mini-lectures, as well as supplemental material, will be archived electronically through the UF eLearning website Canvas (<https://lss.at.ufl.edu/>) under Resources. I generally post the material for each week on the Friday prior to that week. I will make occasional announcements at the “Recent Announcement” part of the site, but the most updated posted syllabus is the definitive document for due dates, lecture topics, etc. Be sure to consult it on a regular basis. For those unfamiliar with Canvas, there are tutorials available.

I will answer individual student emails promptly during stated office hours, and generally within 24 hrs at other times, if you denote FOS 4435/5437 in the “Subject” line in your email. Please send them to goodrich@ufl.edu, and utilize your official ufl.edu email account for course correspondence. It’s a good idea to keep your email inbox as empty as possible so that messages from the instructors are not rejected.

Class Rules

I do not take roll for routine lecture classes (designated as **Lecture** on the syllabus), but my experience is that that classroom attendance and attention to the full lecture provides the best possibility of mastering the concepts of food science and food product development. However, attendance and promptness is required for all other sessions that involve group discussion, labs, project work, i.e. anything that is not **Lecture** on the syllabus. This is consistent with university policies that can be found at:

<https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>

Other rules for the class are simple and essentially involve common sense and courtesy towards your colleagues and the instructor: no eating or drinking in the classroom EXCEPT for reclosable water bottles and when I make special arrangements with the janitorial staff during the Phase III presentations; no side conversations; keep cell phones and other communication devices muted and stored away; if you are late, take your seat quietly and unobtrusively. If you use laptops/tablets for note taking, please “type” quietly and do not distract your neighbors. Keep in mind that these general guidelines will be what is expected in business or government environments, as well as graduate and professional schools.

Textbook and References

There is no required text for this course. However, I will have a variety of resource materials on reserve at the Marston Science Library under FOS 4435C/5437C at the Reserve Desk. Other publications of interest, including trade and scientific journals will be made available for use in Room 329, FSHN Building in 2-hour blocks of time.

Reference Texts:

Aramouni, F. and Deschenes, K. 2015. *Methods for Developing New Food Products*. DEStech Publications, Inc. , Lancaster, PA.

Brody, A.L. and Lord, J. 2008. *Developing New Food Products for a Changing Marketplace*, 2nd Edition. CRC Press, Boca Raton, FL

Campbell-Platt, G. 2009. *Food Science and Technology*. Blackwell Publishing Ltd., Oxford, UK.

deMan, J.M. 1999. *Principles of Food Chemistry*, 3rd Ed. Aspen Publishers, Gaithersburg, MD.

Fuller, G.W. 2011. *New Food Product Development*, 3rd Edition. CRC Press, Boca Raton, FL.

Heagney, J. 2012. *Fundamentals of Project Management*, 4th Ed. American Management Association, New York.

Moskowitz, H., Saguy, I. S., and Straus, T. 2009. An Integrated Approach to New Food Product Development. CRC Press, Boca Raton, FL.

Murano, P. 2003. Understanding Food Science and Technology. Wadsworth/Thompson Learning, Belmont, CA.

Grading

- Exams (3) 60%

The exams will each cover approximately 1/3 of the course material. Exams 1 and 2 (100 points each) will be administered during normal class periods, while exam 3 (150 points) will be offered during the official final exam assigned time. Exam 3 will have an extra section that covers the entire course from an overview perspective. Exams are comprised of material from the lecture, assignments, suggested readings and group project concepts. Make-up exams will only be administered with an official excuse.

- Assignments 20%

Assignments/exercises represent a significant part of the course grade, and their successful completion is critical in ensuring mastery of the material. Assignments should be submitted as directed; no late assignments will be accepted without an official excuse. There will be 5 small assignments worth 25 points each; the lowest assignment grade will be dropped. The Butter Lab (50 pts) will be considered an additional assignment, as well as a Label requirement-related activity (also worth 50 pts). Graduate students will also prepare a review paper on a topic of interest that will be worth 150 pts.

- Group Product Development Project 20%

There are three parts to this project which will have specific due dates (see course outline section). Details pertaining to the requirements for each phase will be distributed separately, although the relative point distribution and coverage for each phase, which will be assessed from a report prepared by each group is summarized here. Each group member will receive the same grade on the reports (the first 3 phases; individual contribution will be assessed in the Phase 4 portion of the project).

Phase 1: Abstract (50 points)

- *Brainstorming process, project title and concept, market justification, product description, project development plan.*

Phase 2: Development (100 points)

- *Includes product formula, prototype, nutrition label, process flow diagram, regulatory aspects of product.*

Phase 3: Commercialization and final report (100 points)

- Includes executive summary, final formula, food safety plan(s), packaging concepts, sensory or market research test, conclusions and launch/no launch justification.

Phase 4: Individual effort as a team member (100 points total)

- Team collegiality and professionalism will be assessed in this category. Unexcused absence, significant tardiness (arriving after roll call) and/or disengagement from group activities/labs/discussions/presentations as outlined in the syllabus as lab and/or discussion **or** as scheduled with group members will result in a loss of 5 points from the 50 point attendance base for each occurrence. During the semester each student will prepare and deliver at least one short PowerPoint presentation of 10 minutes on an aspect(s) of the group product development project, for a total of 50 points for that effort.

Course Average Grade Equivalents:

92 - 100 A

90 – 91 A-

88 - 89 B+

82 - 87 B

80 – 81 B-

78 - 79 C+

72 - 77 C

70 – 71 C-

68 - 69 D+

65 - 67 D

< 65 E

This course will not be graded on a curve. Course averages will be rounded to the nearest whole number to obtain the final grade. Please consult the updated University website for additional grading information and discussion of GPA calculations:

<http://www.isis.ufl.edu/minusgrades.html>

Specific Course Objectives (following IFT Curriculum Requirements)

1. The student will be able to **apply and incorporate the principles of food science in practical, real-world situations** and problems by completing a team project consisting of the development and theoretical launch of a new consumer product. This project will also allow students to **define a problem, identify potential causes and possible solutions, and make thoughtful recommendations.**
2. Students will **integrate food chemistry, food microbiology, food processing and engineering concepts** and will be able to **synthesize and explain** these various facets of a given food ingredient or commodity.

2. Students will **demonstrate written and oral communication skills** through the completion of various assignments including the authoring of a scientific review paper, the development and delivery of a PowerPoint presentation, and completing of written essay-type questions on formal exams.
3. Students will **learn to use computers to solve food science problems** by developing a PowerPoint presentation, organizing team project formulas, cost and nutritional data (Excel) and authoring a formal and informal written works in scientific format (Word).
4. Students will **understand the basic principles of sensory analysis and apply statistical principles to food science applications** through performing and reporting on team project sensory test results.
5. Students will **be aware of current topics of importance to the food industry** by completing a writing assignment reporting on a “hot topic” related to food product development and through the summarizing information learned from lectures on specific subjects (for example, BSE discussion during Meat and Poultry Products lecture).
6. Team project requires students to **work and interact with individuals from diverse cultures and work effectively with others, dealing with individual and/or group conflict.**
7. Various assignments will **require independent research of both scientific and nonscientific information**, and will **require competent use of library resources.**
8. Team project multiple milestones and course completion will **require organization skills including managing time effectively and handling multiple tasks and pressures.**

General Course Policy on Writing

All writing for this course should be clear and concise (including emails to instructor, exams and particularly assignments). While this is of course a science-based class, employers and graduate/professional programs seek graduates who can communicate effectively through standard scientific and business writing. Please familiarize yourself with the *Journal of Food Science* as it is a major journal in our discipline and we will be following its citation style.

Proposed Course Outline

Week 1

- 1.7.19: **Activity:** Review of syllabus and course objectives; submit signed last page of syllabus to instructor (or FSHN mailbox) by 5PM on 1.11.19. **Lecture:** The US Food Industry in a Global Context
- 1.8.19: **Group Project:** Overview of FPD Group Project; Team and Group Project Assignments; Introductions and Information Exchange; IFT and the IFT Student Product Development Program **Mini-Lecture:** Principles of Effective Teamwork
- 1.9.19: **Lecture:** Corporate Organization of Food Companies (Brody, Chap. 7); An Overview of Food Product Development (FPD) (Brody, Chap. 4) ; Begin Assignment 1

Week 2

- 1.15.19: **Lecture:** Food Product Development Process (con't.)
- 1.16.19: **Group Project:** Principles of Project Management; Work on Phase 1 of projects; review progress and organization plan with instructor
- 1.17.19: **Lecture:** FP Marketing and Market Research **Lecture:** The Ideation and Screening Process; Begin Graduate Review Paper (graduate students only); Assignment 1 due

Week 3

- 1.21.19: **Holiday – No Class**
- 1.22.19: **Project Presentations:** Written report for phase 1 group projects due by 5pm (hard copy and electronic copy, one each per group); group presentations (10 min each – groups 1 through X in order)
- 1.23.19: **Lecture:** Role of Process Development in FPD

Week 4

- 1.28.19: **Lecture:** Manufacturing Principles; Exam 1 cut-off; brief Exam 1 material review
- 1.29.19: **Exam #1** (75 minutes; closed book)
- 1.30.19: **Lecture:** Legal & Financial Aspects of FPD

Week 5

- 2.4.19: **Lecture:** Microbial Aspects of NPD (Dr. K. Schneider; keiths29@ufl.edu); Begin Assignment 2
- 2.5.19: **Group Project:** Phase 2 Project Guidelines; Work on group projects
- 2.6.19: **Lecture:** Micro (con't.)

Week 6

- 2.11.19: **Lecture:** Technical Aspects of NPD – Dairy (1) with organic fluid milk case study; Assignment 2 due
- 2.12.19: **Laboratory Session:** Begin Learning Activity 1 – The Butter Lab. *Instructions: Report to FSHN Pilot Plant and be ready to take notes and get started by 8:45am*
- 2.13.19: **Lecture:** Technical Aspects of NPD – Dairy (2) with probiotic yogurt case study

Week 7

- 2.18.19: **Lecture:** QC/QA Aspects of FPD Part 1 – ingredient quality and process control
- 2.19.19: **Lecture:** QC/QA Aspects of FPD Part 2 - food safety hazards, food safety hazards and FSMA; Butter Lab report due
- 2.20.19: **Lecture:** Technical Aspects of NPD – Meat, Poultry, and Egg Products with chicken sausage case study

Week 8

- 2.25.19: **Lecture:** Packaging Development and Shelf Life of Packaged Foods; Begin Assignment 3
- 2.26.19: **Group Project:** Progress review by instructor; Work on group projects; Paper topic due (grad students only)
- 2.27.19: **Lecture:** Food Product Development for Kids – Insights (Moskowitz et al., Chap. 13)

Week 9

UF Spring Break: 3.2.19 through 3.9.19; no classes

Week 10

- 3.11.19: **Lecture:** Technical Aspects of NPD – Fish and Shellfish Products with frozen seafood entrée case study; Assignment 3 due; brief Exam 2 review
- 3.12.19: **Exam #2** (75 minutes, closed book)
- 3.13.19: **Lecture:** Technical Aspects of NPD – Fruits and Vegetables with fresh-cut potato side dish case study

Week 11

- 3.18.19: **Lecture:** Technical Aspects of NPD - Food Ingredient PD and Use; Begin Assignment 4
- 3.19.19: **Project Presentations:** Phase 2 20-minute presentations (Groups x through 1)
- 3.20.19: **Lecture:** Technical Aspects of NPD – Flavors and Working with Flavor Companies; Phase 2 report due by 5PM (hard copy and electronic copy; one per group)

Week 12

- 3.25.19: **Lecture:** Technical Aspects of NPD – Nutrients and Fortification; Assignment 4 due

3.26.19: **Group Project:** Begin work on Phase 3 of project; optional paper draft due (grad students only)

3.27.19: **Lecture:** Technical Aspects of NPD – Labeling and Pertinent Regulations – Begin Learning Activity 2 assignment

Week 13

4.1.19: **Lecture:** Reverse engineering of existing food products (Ms. A. Jones)

4.2.19: **Group Project:** Work on group projects; reviewed paper drafts returned (grad students only)

4.3.19: **Lecture:** Technical Aspects of NPD – Cereals and Grains with case study on gluten-free products; Learning Activity 2 assignment due

Week 14

4.8.19: **Lecture:** Technical Aspects of NPD – Canned and Retorted Shelf-stable Processed Food Products with pouch RTE rice case study

4.9.19: **Mini-Lecture:** Technical Aspect of NPD – Fats and Oils with heart healthy oil case study; **Group Project:** Work on project

4.10.19: **Lecture:** Technical Aspects of NPD – Sugar, Candy and Chocolate with monk fruit sweetener case study

Week 15

4.15.19: **Lecture:** Technical Aspects of NPD – Fermentations, Enzymes, and Bioprocessing with case study on kombucha tea; Begin Assignment 5

4.16.19: **Mini-Lecture:** Good Workplace Practices and Time Management; **Group Project:** Wrap up project for next week

4.17.19: **Lecture:** Technical Aspects of NPD – Food Service FPD with chain restaurant menu item case study

Week 16

4.22.19: **Lecture:** Technical Aspects of NPD – Test Markets and Launches, Successes and Failure; Assignment 5 due

4.23.19: **Project Presentations:** Phase 3 20-min presentations; Groups 1 through X, in order

4.24.19: **Course Wrap Up:** Written portion of Phase 3 group projects due by 5pm (hard copy and electronic copy, one each per group); Exam 3 review; last day of classes for Spring 2019 semester

Week 17

4.29.19: Graduate Paper due (graduate students only)

5.1.19: **Exam #3 (2 hours, closed book); 3-5pm; MCCA 114**

Information for All Students

Academic Honesty:

In the process of enrolling and registering for classes at the University of Florida, every student has signed and presumably understands the following statement: "I understand that the University of Florida expects its students to be honest in all their academic work. I agree to adhere to this commitment to academic honesty and understand that failure to comply with this commitment may result in disciplinary action up to and including expulsion from the University."

The following information is implicit in all exams and assignments:

On my honor, I have neither given nor received unauthorized aid on this exam/assignment.

Online Course Evaluation Process:

Student assessment of instruction is an important part of efforts to improve teaching and learning. At the end of the semester, students are expected to provide feedback on the quality of instruction in this course using a standard set of university and college criteria. These evaluations are conducted online at <https://evaluations.ufl.edu>. Evaluations are typically open for students to complete during the last two or three weeks of the semester; students will be notified of the specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results>.

Use of Library, Reference Material, Computer Programs, and Electronic Databases:

These items are university property and should be utilized with other users in mind. Never remove, mark, modify nor deface resources that do not belong to you.

Software Use:

All faculty, staff and students of the University are required and expected to obey the laws and legal agreements governing software use. Failure to do so can lead to monetary damages and/or criminal penalties for the individual violator. Because such violations are also against University policies and rules, disciplinary action will be taken as appropriate.

We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

Services for Students with Disabilities:

The Disability Resource Center coordinates the needed accommodations of students with disabilities. This includes registering disabilities, recommending academic accommodations within the classroom, accessing special adaptive computer equipment, providing interpretation services and mediating faculty-student disability related issues. Students requesting classroom accommodation must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide this documentation to the Instructor when requesting accommodation

0001 Reid Hall, 352-392-8565, www.dso.ufl.edu/drc/

Campus Helping Resources:

Students experiencing crises or personal problems that interfere with their general well-being are encouraged to utilize the university's counseling resources. The Counseling & Wellness Center provides confidential counseling services at no cost for currently enrolled students. Resources are available on campus for students having personal problems or lacking clear career or academic goals, which interfere with their academic performance.

- University Counseling & Wellness Center, 3190 Radio Road, 352-392-1575, www.counseling.ufl.edu/cwc/
Counseling Services Groups and Workshops; Outreach and Consultation; Self-Help Library; Wellness Coaching
- U Matter We Care, www.umatter.ufl.edu/
- Career Resource Center, First Floor JWRU, 392-1601, www.crc.ufl.edu/

This confirms that I've read and understand the syllabus for 2018 Food Product Development.

Student Signature and Date: _____

Preferred Name in Class: _____

Miscellaneous Info about You (optional)

Favorite Area or Class in Food Science Program to date?

Future Professional Plans?

What you hope to get out of Food Product Development class?

Favorite Food(s):