

### **NEWS AND VIEWS**

For Alumni, Students, Associates and Friends of FSHN Institute of Food & Agricultural Sciences, University of Florida

**VOLUME XVI, ISSUE I, SPRING 2016** 





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### **ALUMNI SPOTLIGHT**

#### LAURA PORRAS PAEZ (BS '15)

Laura Porras Paez graduated from UF in May 2015. During her senior year, she worked as a volunteer at the Glycogen Storage Disease Research Program at UF under the supervision of a RD. It was an excellent opportunity, which also provided clinical experience. She was able to collaborate in a research report published in August 2015. In the same month, she received the Susan Brown Scholarship from the Gainesville Academy of Nutrition and Dietetics. Laura is currently in the Dietetic Internship program of the Puerto Rico Department of Health. The internship offers professional experience in the community, as well as clinical and food service areas. Although it is a very intense program, she always makes time for volunteering. At the internship, Laura is constantly involved with community events. Last year, she participated in several activities, including the Convention for Nutritionists and Dietitians. She has gained experience leading supermarket tours, and she is the recipient of the "Cooking Matters at the Store Tour Grant" to lead supermarket tours in the community.







"I can say that the UF Dietetics program does a great job in preparing students for the internship. I am very satisfied with the education and knowledge I received, which I have been able to put into practice. UF advisors and professors are excellent resources. I encourage current students to seek advice early on and to join the FSHN Club to find volunteering opportunities. Being a dietetic intern requires a high level of commitment and responsibility and the education I received at UF contributed greatly to my preparation and success."



"There are three other major components that I consider fundamental in the dietetics profession: empathy towards those who receive our services, dedication and love for the profession, and the constant pursuit of professional growth."

### CONGRATULATIONS ON YOUR SELECTION AS DIETETIC INTERN OF THE YEAR IN PUERTO RICO!

This award recognizes the emerging leadership and achievement of students in dietetics education programs that are accredited by the Accreditation Council for Education in Nutrition and Dietetics.



## CONGRATULATIONS TO ALL FSHN GRADUATES RECOGNIZED AS THE 2016 GATOR 100 HONOREES!

The UF Alumni Association and UF's Entrepreneurship & Innovation Center recognizes the 100 fastest-growing, Gator owned or Gator-led businesses in the world. FSHN graduates **Stephen "Trey" Walding III** (BSA '92, DMD '96) and **William "Trey" Mueller III** (BSA '01, DMD '05), co-founders and co-owners of Dental Associates of Florida, were recognized as Gator 100 Honorees. Congratulations!

#### CHERYL ROCK (PhD, '12)



**Dr. Cheryl Rock** began her college career at Barbados Community College (BCC), Barbados West Indies and was awarded an Associates Degree in Science with a concentration in Biology and Chemistry. In 2004, She was awarded a full Academic Scholarship from the Alabama Agricultural and Mechanical University (AAMU), Huntsville, Alabama, USA. There, she pursued her Bachelor's Degree in Food Science and Technology with a minor in Chemistry. In 2007, she continued with her Master's Degree at the same university in Nutritional Biochemistry and Carcinogenesis. In 2009, she began her doctoral studies at UF, where she specialized in the technical aspects of Food Science as it pertained to Engineering and Food Processing techniques, primarily Power Ultrasound and Pulsed Ultraviolet Light (PUV). **Dr. Rock** has authored four and co-authored five peer-reviewed article(s) respectively in the *Journal of Food Engineering Reviews, Journal of Food* 

Engineering, International Journal of Food Science, Journal of Food Science, Florida State Horticultural Society Proceedings, Sustainable Agriculture Research as well as the Journal of Food Research. Currently, she serves as an Assistant Professor of Food Science and Nutrition at the California State University, Long Beach (CSULB) in the Department of Family Consumer Sciences in the College of Human Health and Services (CHHS). During her short tenure, she has won a faculty award for integrating ethics in her curriculum. Her winning title was "Ethical Dilemmas of Genetically Modified Foods." She also receives annual monetary grants from CSULB to support her research program in collaboration with the Undergraduate Research Opportunity Program (UROP). Moreover, she has also been recognized for her efforts to support the Equal Opportunity Program (EOP), which caters to providing access to historically low-income, and first generation college students. Dr. Rock's current research focuses on examining New Food Product Development in response to health disparities such as type 2 diabetes, cancer, obesity and cardiovascular disease, which present a major public health burden in the USA. Her service to CSULB includes being an Ethics Ambassador for the Ukleja, Secretary of the Sub-African Committee of the International Education Committee and the CHHS Educational Policies Committee (EPC). She is also the faculty adviser of the Food Science Club at CSULB.

### **FSHN ALUMNI THROUGHOUT THE GATOR NATION**

**Keqin "Kayla" Ou** (PhD '14, Food Science) currently works at the China National Institute of Standardization. Her research group focuses on sensory evaluation. **Mallory Neumann** (BS '14, Dietetics) is currently a law student at FSU. She hopes to find a job in food, agriculture, or nutrition policy with an administrative agency upon graduation. **Dr. Lu Zhao** (PhD '15, Food Science) is now an Associate Scientist at Burdock Group,a food-safety consulting firm in Orlando, FL. **Nicole Agro** (BS '14, Dietetics, MS-DI '16) was awarded the 2016 Outstanding Dietetics Student for FL.



# FT 2016













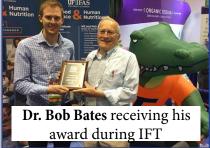












From July 16th - 20th, food scientists converged in Chicago for the annual IFT 2016 convention. The FSHN Department had faculty, staff, and students in attendance at the event. We hosted a booth at the convention for networking and alumni connections - in addition to hosting our annual Florida Party at Mother Hubbard's Sports Pub. As always, we had a great time and thoroughly enjoyed our experience. Thanks again to our sponsors for their support of the Florida Party. We were exceptionally proud of our graduate students who presented their research. Furthermore, Dr. Bob Bates (Professor Emeritus) received the well-deserved International Division Outstanding Service award. Take a look at all our fun! Can't wait to see you next year in Las Vegas!



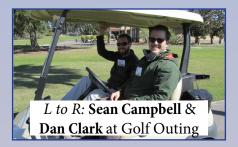
## STUDENT ACTIVITIES





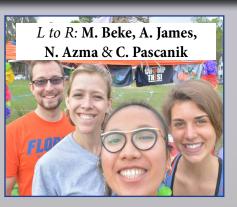






Our students were active throughout the Spring semester! In February, FSHN students assisted the Florida Section IFT with their annual Golf Outing & Supplier's Night in Orlando, Florida. In addition to providing support throughout the day, our students had the opportunity to network with industry partners. In April, the FSHN Club earned over \$1200 dollars in support of Relay for Life. During the event, they sold healthy popsicles from their Lilo & Stitch-themed booth. On the same weekend, students traveled to Mississippi State University to participate in the annual College Bowl event. Although they did not win, the Gators enjoyed interacting with other Food Science students across the Southeast and learning more about the field.







L to R: Jing Bai, Sophie Zhu, Caity Soriano, Herschel Johnson (adviser), Brittany Magdovitz, Bruna Bertoldi, & Caitlin Olson (College Bowl 2016 team)







## STUDENT RECOGNITION



On April 7th, the FSHN Department honored our high-achieving students with scholarships and awards during the **Student Recognition** ceremony. **Aaron Huckabee**, Florida Section IFT Chair, attended the event to acknowledge the Florida Section IFT scholarship recipients. Other scholarship donors, including **Dr. Bob Bates** (Professor Emeritus), **Dr. Ronald Schmidt** (Professor Emeritus), and **Albert "Sandy" Sanders**, also presented their individual awards. In sum, both undergraduate and graduate students received \$19,250 of scholarship money. Thanks to all who attended and supported the event!







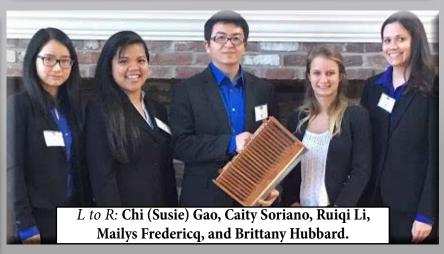


The College of Agricultural and Life Sciences (CALS) hosted their annual CALS Leadership and Scholarship Awards Recognition dinner on April 14th. As expected, students in the FSHN Department shined at the event. Numerous students received scholarships, and we had three students win top awards of the evening. *Top Left:* Emily Quintero (Nutritional Sciences) won the Larry J. Connor Medal of Excellence. *Top Middle:* Steven Che (Dietetics) won the J. Wayne Reitz Medal of Excellence as the outstanding CALS senior. *Top Right:* Becky Gould (Dietetics) won the E.T. York, Jr. Medal of Excellence as the outstanding CALS junior. All three recipients are featured with CALS Dean, Dr. Elaine Turner. *Photo credit: Tyler Jones* 



Alyssa Burns ('13, Nutritional Sciences) enrolled as a Master's Degree student in Nutritional Sciences, but after working in Dr. Henken's lab for one year, she decided to pursue her PhD. Recently, Alyssa was the winner of the Nutrition Research 2015 David Kritchevsky Graduate Student Award for her article published in January 2016. The article was entitled "Diet quality improves for parents and children when almonds are incorporated into their daily diet: randomized, crossover study." She received a monetary award and recognition at the Nutrition Research Board Meeting at Experimental Biology in San Diego, CA in April 2016.

Ocean Spray Cranberry hosted a recent product development competition. Led by PhD student **Ruiqi Li**, the UF/IFAS team, performed market research, selected a product based on trends, designed the product using the required ingredient (concentrated cranberry syrup), designed the packaging, completed sensory analysis of the product, and determined the nutritional value of the product. The team won first place in the competition - earning a monetary prize and national acclaim!





### FACULTY RECOGNITION



**Dr. Gail Kauwell** (PhD, RDN, LDN, FAND) has been part of the UF faculty since 1982 and a faculty member in the FSHN Department since 1993, teaching both undergraduate and graduate courses in Dietetics and Nutritional Sciences. She has also served as the MS-DI Director for the past 18 years. **Dr. Kauwell's** expertise, professionalism, and efficiency do not go unnoticed. She was recently selected as a **Fellow of the Academy of Nutrition and Dietetics.** In a nomination letter, a colleague stated, "Her dedication to providing [students] with creative and challenging ways to learn is unsurpassed...the greatest testament, however, is what her students consistently say about her. She is often cited as a mentor whose inspiration and innovation shaped their success." We could not agree more!

**Dr. Jesse Gregory** (PhD, Food Science) has worked in the FSHN Department for almost 39 years. The focus of his research involves B vitamins (especially vitamin B6, B12 and folate) and their function in human nutrition. Recently, the **American Society for Nutrition** (ASN) announced their **Class of 2016 Fellows**, and **Dr. Gregory** received the well-deserved recognition! This is the highest ASN honor, recognizing individuals for significant discoveries and distinguished careers in the nutrition field. Congratulations, **Dr. Gregory**!



#### HAPPY RETIREMENT, DR. HARRY SITREN!





This past summer, Dr. Harry Sitren (PhD in Nutritional Sciences) retired from the FSHN Department after 36 years. During his lengthy career, he served as Professor and Graduate Coordinator. In June, we hosted a celebration at First Magnitude to thank him for his service. Current graduate students (see photos to left and right) were in full attendance at the event, clearly demonstrating their respect for Dr. Sitren. The FSHN Department remains grateful to Dr. Sitren for his dedication over the years, and we wish him all the best!







### STAFF RECOGNITION





Two revered staff members, **Bridget Stokes** and **Rhonda Herring**, retired this summer. **Bridget Stokes**, Senior Lab Teaching Specialist, retired after 37 years in FSHN. **Dr. Beth Gankofskie** stated, "**Bridget** was at the top of her game when she retired. She is still one of the best teaching partners I have ever had over the past 20 years and that is truly remarkable. If I didn't know where something was or how to operate an appliance, **Bridget** usually could find the answer. It is with sincere happiness that I wish **Bridget** all the fun, good health, and relaxation that retirement should bring." **Rhonda Herring**, Fiscal Assistant III, worked at UF for 34 years with the last 10 years in FSHN. **Julie Barber** reflected, "**Rhonda** was a very good employee. She was helpful and went out of her way. She always took good care of me."





### How Can I GIVE BACK?

Donations can be used to support students (i.e., updates to Pilot Plant facilities, travel to conferences, assistantships, and scholarships), purchase updated equipment, and provide important resources. You can give online or send a check that is made out to U of FL-SHARE. The check should be mailed with attention to Dr. Susan Percival at the following address: 572 Newell Drive, PO Box 110370, Gainesville, FL 32611.

### SAVE THE DATES!

September 9th - FSHN Open House September 10th - FSHN Alumni TailGator

#### **CONTACT US!**

Dr. Susan Percival, Department Chair Herschel Johnson, Academic Adviser Jenna Grogan, Academic Adviser



**UEJFASJFSHN** 

#### INTERESTED IN THE UPCOMING DEPARTMENT EVENTS? CONNECT WITH US!



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